

00:26

welcome back to next episode of what's

00:29

up prof hello Walter good day again it's

00:32

nice to see you you look nice and chirpy

00:35

today thank you before we begin and pray

00:42

and everything maybe you can just

00:46

explain to us what is what this is I

00:54

haven't got the foggiest idea I think

00:57

it's a decoration that I bought this

01:02

because it's the same colour with this I

01:05

don't know maybe it's a fruit from this

01:07

pioneer I think you've put a candle in

01:13

yeah maybe but I think this one doesn't

01:16

have anything on it so it's just a

01:17

decoration advantages of if you put a

01:20

candle in there then the candle will be

01:22

higher than when you put yes so thank

01:26

you for that explanation - pleasure so

01:28

let's open up with a word of Prayer will

01:30

you pray for us no thanks our loving

01:33

Heavenly Father we are living in such

01:37

trouble sometimes the world is on fire

01:42

but if you want our hearts to be right

01:45

and I pray that you will help us and

01:48
lead us with your Holy Spirit so that we
01:51
made the Sun not only the times we live
01:54
in but what you would have us be so help
01:59
us in our deliberations in Jesus name
02:02
Amen
02:04
so we've been busy discussing the
02:07
pillars of Adventism yes and we only got
02:10
as far as the sanctuary with the
02:13
previous episode correct so is any would
02:17
you like to carry on and show us what is
02:20
interesting on well
02:22
looked at this issue we said there were
02:28
five pillars of Adventism now last time
02:31
we discussed the sanctuary doctrine and
02:34
that there is a sanctuary in heaven and
02:37
that Jesus went into the holy and
02:40
they're the most of into the mouse Holly
02:43
and what the cleansing of the sanctuary
02:45
meant and all of those issue issues I
02:49
think the doctrine of the second Advent
02:51
I think we've discussed that quite
02:53
thoroughly yes I think so I don't think
02:56
we have to go into that and you've given

02:58

all the link links if some people can

03:00

study that the Sabbath I think we have

03:03

dealt with dealt with in quite some

03:05

detail the state of the Dead perhaps we

03:08

can do that at the stage yes we well

03:11

it's very prophesy we had a whole

03:13

lecture on that if I recall so what else

03:17

is on this slide out of these the

03:18

realization emerged of the context of

03:21

the three angels messages that had to be

03:25

preached to the whole world and the

03:27

health message was later added because

03:30

it was considered the right arm of the

03:34

gospel

03:34

no this causes a little bit of

03:38

perplexity yes

03:40

in some people because why should there

03:42

be a health message associated you know

03:45

with the gospel so we can if I can just

03:51

go back to the sang TRADOC term there

03:53

was a question yes about you mentioned

03:57

in the lecture the scapegoat and

04:01

somebody asked and I think that's a

04:03
question that a lot of people actually
04:04
ask who doesn't say the scapegoat
04:08
represent okay well remember there were
04:11
two goats on the day of atonement now
04:14
the day of atonement in Jewish thinking
04:18
was the day of judgment so on that day
04:22
they would fast that they would search
04:28
their souls to see what is inside of
04:32
them in other words they'll do
04:35
introspection to see whether they are
04:37
right with God it was a solemn day and
04:40
on that day they had to bring two goats
04:44
and they cost lots for the goats and
04:50
then when the lot was had determined one
04:53
of them became the Lord's goat and the
04:56
other one became the scapegoat now the
04:59
Lord's goat was sacrificed and the high
05:04
priest took that blood into the
05:08
sanctuary and he went into the most holy
05:11
it was a very solemn occasion and
05:14
remember they had little bells around
05:17
the bottom and everybody was listening
05:19
carefully because in the past it had

05:23
happened and if someone was careless and
05:26
they went into the most holy or weren't
05:30
entitled to be there they could be
05:32
struck dead so there was a lot of
05:36
introspection am i right with God and
05:38
the high priest would go in and he would
05:41
make atonement for the sanctuary now
05:45
obviously the century doesn't serve it's
05:48
a building right yes or it's a structure
05:51
so what kind of atonement atonement is
05:57
well let's put it this way Tyndale put
06:00
it nicely he actually coined the phrase
06:03
it meant at one mint and a gray tone out
06:07
now at one mint it's actually worth that
06:11
he made up to explain how God associated
06:17
himself with humanity and became one
06:19
with them and took the place of and paid
06:23
the price for as though he were the
06:27
guilty party although he wasn't yes and
06:29
so you when you when they made atonement
06:32
for the sanctuary the record of sin was
06:37
removed these are all the confessed sins
06:40
now remember Jesus had already paid the

06:43
price for those sins and the price was
06:46
death yes the wages of sin is death so
06:50
the price for those sins has been fully
06:54
paid you know in fact the price for all
06:58
sin for all of humanity was paid on the
07:04
cross yes but not everybody appropriates
07:07
it only those who confess their sins and
07:11
forsake their sins
07:13
oh those sins that are carried into the
07:17
sanctuary now so the redeemed sins the
07:21
record of sin is there now that record
07:25
of sin has to be removed and this is
07:28
what happened on the day of atonement
07:30
so in type he removed the record of sin
07:36
and it started in the most holy and he
07:39
sprinkled the blood on the Ark of the
07:42
Covenant remember the Ark of the
07:43
Covenant contained the ten commandments
07:46
which are the standard of God's
07:48
righteousness and his law is the Ten
07:52
Commandments condemned me to death
07:54
and so in type the condemnation is
07:59
removed the sin the recorded sin on the

08:04
horns of the ALF altar is removed as he
08:07
moves into the holy the whole structure
08:11
everything that dealt with how to deal
08:14
with the sin sin issue is basically
08:17
removed the record of confessed son yes
08:20
and then the high priest word in type
08:24
place his hands upon the scapegoat and
08:28
in type the record of confessed sins
08:32
that had already been accounted for by
08:34
the blood of Jesus Christ was placed on
08:37
the scapegoat but the scapegoat doesn't
08:40
die at that point he's led into the
08:43
wilderness this by a strong man and then
08:48
he is let loose now what does that
08:51
entail and who is the scapegoat
08:53
well the scapegoat was also known as
08:56
as I sell which is a symbol of the devil
08:59
so who actually initiated sin in the
09:03
universe was the deadness and who caused
09:06
man to serve it was the devil that
09:10
caused man Tosun now some people cling
09:13
to sin and some people are willing to
09:17
forsake sin and all those records of

09:21
four-second forgiven sins are placed
09:25
onto the scapegoat the real culprit who
09:28
actually produced those sins yes but he
09:31
doesn't become the son baron because it
09:33
doesn't pay the price for those sins he
09:35
doesn't die doesn't shed his blood for
09:37
those sins yes
09:38
that son stays on he stays on his head
09:43
now the beauty of this is that when the
09:47
record of sin is removed from heaven
09:50
then you stand before God as though you
09:54
had never the center so how complete is
09:57
forgiveness complete it's absolute there
09:59
is not even a record of sin it has been
10:01
removed yes and eventually when God's
10:07
retributive action takes place and
10:10
humanity in the final judgment comes
10:16
under the condemnation and everybody
10:19
that has decided to cling to their sin
10:24
will pay the price for that sin which is
10:28
death nice and fire came out of heaven
10:31
and consumed them they shall be ashes
10:34
under your feet they were consumed the

10:38
ways as the biome laughingly about
10:41
nothing left so everybody that has never
10:45
confessed their sins will pay the price
10:48
for those sins yes they could have had
10:51
Redemption because Christ had died for
10:54
those sins already but they didn't
10:57
appropriate them they didn't want that
11:00
atonement yes they cling to something
11:02
for them actually and God doesn't force
11:04
anyone yes
11:05
so then you pay the price but if you
11:09
have forsaken and confess your sins and
11:12
accept the free gift of Christ's
11:15
sacrifice then you don't come into
11:18
condemnation this but that record is
11:22
still there and that record has to be
11:25
removed from heaven heaven is a place of
11:27
sinlessness yes
11:29
there's not even a record of sin so even
11:32
that is removed and placed upon the
11:34
scapegoat and eventually after the
11:36
Millennium when cell is destroyed and
11:41
the devil is destroyed as well because

11:43
the Bible says fire came out of him
11:46
devouring and consumed in hell he was
11:48
gone
11:49
so that record together with him is
11:52
destroyed for it I think that was very
11:56
nice and clear so let's let's move on to
12:00
the the next the health message that you
12:03
and what can you yes people ask this
12:07
question why should there be a health
12:10
message what is health got to do with
12:12
the gospel and the answer is quite a
12:16
deal so let us go through some of these
12:19
these things and see what we can find
12:23
when God created Adam and Eve and he put
12:27
them in the garden he determined what
12:30
their diet should be so if we go to
12:33
Genesis chapter 1 verse 29 and it says
12:36
and God said behold I have given you
12:39
every herb bearing seed which is upon
12:41
the face of all the earth and every tree
12:46
in which is the fruit of a tree yielding
12:48
seed to you it shall be for meat now
12:54
must remember this is Old English when

12:56
it says meat it is food when it says
13:00
flesh is
13:01
means me as we would say it today all
13:05
right so what was the first diet of man
13:09
it was every plant every herb that bears
13:14
seeds so that's all your grains and your
13:17
seeds which is upon the face of the
13:21
whole earth and every tree in which is
13:25
the fruit of a tree yielding seed so
13:27
fruits grains nuts seeds there was the
13:34
diet of man no vegetables yes none now
13:39
what was the diet of the animals Genesis
13:42
1 verse 30 says and to every beast of
13:44
the earth and to every fowl every is a
13:47
very big word yes that doesn't exclude
13:50
any no it doesn't exclude anything every
13:54
beast of the earth and every fowl of the
13:56
air and to everything that creepeth upon
13:59
the earth wherein there is life I have
14:01
given every green herb for meat and it
14:05
was so so all the green plants so you
14:09
have your grazes that graze you have
14:11
your browsers that eat leaves there was

14:16
the food yes and some had specialized
14:19
foods now we must understand that the
14:22
antediluvian world was a very very rich
14:25
world and the climate was absolutely
14:29
perfect
14:30
and the the plants that existed far
14:36
exceeded in number those that we have
14:38
today
14:39
heaven if you take the great oil
14:41
deposits in the world the great coal
14:43
fields in the world these are all plant
14:46
materials from the antediluvian world
14:48
that were destroyed in the 30s yeah and
14:52
if you go into the paleontological
14:55
record we find myriads of animals and
15:01
plants that no longer exist so there
15:05
were was a plant for everything
15:09
now I once gave a lecture called
15:12
creation to restoration perhaps you
15:15
could put that link how could linking
15:17
yes then we can see how the animal
15:20
kingdom originally was all plant eating
15:23
and how I can still find evidence for

15:26
that today even in the big carnivores
15:29
like it Alliance etc so the Bible says
15:32
everything eggplants there was the diet
15:35
of man and it's obvious there was no
15:38
death death is a consequence of Senya so
15:42
the plant world was created as food now
15:47
the Bible also says that the life is in
15:51
the blood now plants don't have a
15:56
vascular system they have other tubular
16:00
systems xylem and phloem etc etc but
16:05
it's not a vascular system they also
16:07
don't have a nervous system but they are
16:09
living their living food living food and
16:14
in Genesis 3 verse 17 there is this
16:20
statement and after Adam II said because
16:22
there's hearkened unto the voice of thy
16:24
wife that's a very interesting verse I
16:28
don't think we should get into that we
16:30
get into trouble with me if we go down
16:32
that route and has eaten of the tree of
16:37
which I commanded thee saying thou shalt
16:40
not eat of it cursed is the ground for
16:44
thy sake so what was cursed the ground

16:49
yes in sorrow shalt thou eat of it all
16:52
the days of thy life thorns also and
16:55
thistles shall it bring forth to thee
16:57
and thou shalt eat the herb of the field
17:01
so after sin came into the world
17:04
something was added to the diet yes the
17:07
herbs of the field which originally were
17:10
animal food so in other words what
17:15
happened here was vegetables were had
17:18
all the leafy plants that we
17:20
were added to the diet now why obviously
17:24
to augment the diet and he supply
17:29
nutrients nutrients because after the
17:32
sin that earth was cursed correct so
17:37
when an earth was cursed and it didn't
17:39
bring forth as it did before and there
17:42
was also a seasonality we know that the
17:46
Bible tells us that the trees take the
17:49
tree of life for example bore fruit once
17:53
a month so that's 12 times a year we
17:57
don't have that luxury today so certain
18:00
fruits are seasonal and what if you have
18:04
certain areas where well there is no

18:07
fruit during a certain season like in
18:09
Europe for example or in the very cold
18:13
areas well then you have to eat the
18:15
plants of the field that's the way it is
18:18
now why was diet so important do you
18:22
remember that diet was the first test
18:24
you shall not eat of the stream and it
18:28
was it looked good for food so why would
18:31
God make such a rule and it was it was a
18:35
test of faith right yes so does faith
18:39
and diet have something to do with each
18:40
other I think so so could it be a test
18:44
mm-hmm what yes I think as we go on
18:48
you'll see that it did become a test
18:50
eventually for a few except for Adam and
18:53
Eve and a few other places as well and
18:56
correct now not the other thing that's
18:58
interesting is this was the very first
19:02
thing that created the fall and when you
19:06
go to the temptations of Jesus what was
19:10
the very first installation turn the
19:14
stone into bread aha in other words
19:17
where Adam and Eve had all this

19:20
shuri that surrounded them the Son of
19:24
God was in that wilderness and he had
19:27
been fasting for forty days he was
19:30
emaciated he was hungry to the point of
19:36
death and he was tempted on the issue of
19:40
diet and in behalf of humanity he
19:46
redeemed atoms for so diet obviously
19:52
played a very exactly but like you said
19:55
now in exactly what Adam fell to sin he
20:00
ever came noticin correct absolutely
20:08
when we talked about the other one of
20:11
course was the sin of presumption throw
20:16
yourself down but we're not going to go
20:19
here that's how like Sean the lecture of
20:22
it's by itself now so we read in the
20:25
spirit of prophecy God gave our first
20:27
parents the food he designed that the
20:30
rice should eat it was contrary to his
20:33
plan to have the life of any creature
20:36
taken that's obvious
20:37
my juice of sin is death there was to be
20:41
no death in Eden the fruit of the trees
20:44
and the garden was the food man's once

20:48
required God gave man no permission to
20:52
eat animal food until after the flood
20:55
everything had been destroyed upon which
20:58
man could subsist and therefore the Lord
21:01
in their necessity gave Noah permission
21:04
to eat of the clean animals this is very
21:07
important because people say you know
21:11
cleaning unclean doesn't count anymore
21:13
hmm but here we see that clean and
21:17
unclean existed in now as
21:20
they already because they had to take
21:22
seven pairs of clean and one pair of
21:26
unclean animals yes usually if you ask
21:29
people how many of each animal went into
21:32
the ark everybody will say - yeah one
21:36
pair one pair
21:37
yes but just mention again of the
21:40
unclean it was a pair of the clean
21:44
exerci much more so when he brought an
21:46
offering because he offered the clean
21:48
animals at the when when the flood was
21:51
over he couldn't offer the unclean
21:54
because that would have destroyed the

21:57
race riots or the kind in any case so
22:01
clean and unclean is something that
22:03
existed before the flood and Noah was
22:06
specifically told that he wasn't the
22:09
fact or the blood so no blood no fat and
22:15
nothing that is unclean now people will
22:18
say yes but God declared these things
22:21
clean when Jesus said it declares it
22:24
clean now this is where the Bible
22:27
translations again become interesting
22:30
and unfortunately it just is a fact that
22:32
the modern translations just don't do
22:35
justice to what is really said in the
22:39
NIV for example it will say that when
22:43
when Jesus said it's not what goes into
22:45
your mouth that makes you unclean but
22:47
what comes out of your mouth that makes
22:49
you unclean it says they're quite
22:51
categorically in the new translations in
22:54
the NIV here by Jesus declared all foods
22:56
clean well if that were the case are you
23:00
going to eat poisonous animals that will
23:04
kill you with one lick I mean that's a

23:07
ridiculous statement and they will claim
23:10
well Peter had the vision yes but what
23:15
she's Peter's answer three times when he
23:17
was told
23:18
buta go kill and eat and do not say that
23:22
is unclean what God has declared clean
23:25
while he was sitting there wondering
23:27
what the vision meant because it's it's
23:30
not so
23:31
lord I have never eaten anything impure
23:34
or unclean so while he was thinking
23:38
there was this knock on the door and the
23:41
three men stood they remember yes and
23:44
when he came to connealy is's house he
23:47
said God has shown me exactly that I
23:51
should call no man impure or unclean
23:55
nothing to do with diet so those rules
24:00
have been absolutely obliterated by
24:04
humanity so what were the prohibitions
24:08
no fat no blood no blood nothing unclean
24:13
in terms of diet but what was the
24:17
original diet yes totally plump rises so
24:21
if God wanted to restore humanity to the

24:25
original well let's refresh that is God
24:31
going to restore humanity to the
24:33
original yes so what will they have to
24:36
give up all these foods that weren't
24:40
part of the original diet they will have
24:42
to be given up is it better to do it
24:45
sooner or later and was there another
24:49
issue was there a spiritual issue that's
24:52
what we're going to talk about it
24:53
because we're talking about preparation
24:56
for the Lord's coming as I said I
25:00
believe that the signs are fulfilling
25:02
around us do you feel oh definitely this
25:07
can you see the predictions and the book
25:11
of Revelation coming to fruition can you
25:14
see the image of the beast forming yes
25:17
definitely we can see all these signs
25:19
around us so if all of these things are
25:22
happening then know that the time is
25:25
near so God gave man no permission to
25:29
eat animal food until after the flood
25:32
with disgust that everything had been
25:34
destroyed upon which man could subsist

25:36
and therefore the Lord in their
25:38
necessity gave Noah permission to eat of
25:40
the clean animals which he had taken
25:42
with him
25:43
into the ark but animal food was not the
25:48
most healthful article of food for man
25:52
so why did God permit this well there
25:55
was nothing else and what was the
25:58
consequence well before the flood people
26:02
reached ages of over 900 years yes then
26:07
very mixed generation after the flood
26:10
only reached half of it yes around four
26:13
hundred and something and then as you
26:16
continue down the line you will see that
26:18
it became less and less in the time of
26:21
Abram Abram was 118 yes by the time you
26:25
get to Moses 625 you get to David it's
26:31
70 and if you're lucky you reach 80 and
26:34
by reason of strength you might get to
26:36
be more than that so animal food was
26:39
never the most healthful article of food
26:42
for man purely on a physical basis but
26:46
what about the mental basis and I think

26:49
that is something that we can look at so
26:53
after the flood people ate largely
26:55
animal food God saw that the ways of man
26:58
were corrupt and that he was disposed to
27:02
exalt himself proudly against his
27:04
creator and to follow the inclinations
27:05
of his own heart and he permitted that
27:09
long lived race to eat animal food to
27:12
shorten their sinful lives actually
27:15
that's also a mercy soon after the flood
27:18
the race began to rapidly decrease in
27:21
size and in length of years well you can
27:24
check that in the Bible but the words of
27:27
our teacher to us were as a man thinketh
27:30
so easy
27:32
the flesh of their animals was not the
27:35
original food for man man was permitted
27:37
to eat it after the flood because all
27:40
vegetation had been destroyed but the
27:43
curse pronounced upon man on earth and
27:46
every living thing has made strange and
27:49
wonderful changes since the flood the
27:51
human race has been shortening its

27:53

period of existence

27:55

physical mental moral degeneracy is

28:00

rapidly increasing in these latter days

28:05

that is a fact I mean I've been around

28:11

for more than a generation I'm heading

28:14

for the second generation and even I can

28:19

say that in my lifetime I have seen

28:22

massive changes in terms of moral

28:28

degeneracy amongst mankind yes I mean

28:31

what was absolutely abhorred in the past

28:35

is now in legislation yes yes I'm afraid

28:39

if it carries on like this if all these

28:41

things will become compulsory so we said

28:48

that the animal kingdom and humanity

28:51

will be restored to the original does

28:53

the Bible tell us that whatever the

28:55

answer is yes

28:56

Ziya living verse 6 and the wolf also

29:00

shall dwell with the lamb and the

29:02

leopard shall lie down with the kid so

29:04

there will be no more predation and the

29:07

calf and the young lion and the fatling

29:09

together and a little child child eat

29:12
them in other words no aggression you
29:14
don't have to be afraid and the cow and
29:18
the bear shall feed and the young ones
29:20
shall lie down together and the lion
29:22
will become a vegetarian he will eat
29:26
straw like the Ox what kind of straw you
29:29
will eat we don't know what was the
29:31
original gross form read perhaps because
29:36
we do have carnivores that eat reads
29:37
like Pandavas you know example so maybe
29:41
there was a specific read or gross kind
29:45
that was lion food that required those
29:49
shearing teeth to shred it like the
29:51
panda bear in his case but then this is
29:56
interesting verse 11 as I 11 verse 11
30:00
and it shall come to pass in that day
30:02
that the Lord shall send SETI's hand
30:06
again the second time to recover the
30:11
remnant of his people which shall be
30:14
left from Assyria and from Egypt and
30:16
from Petrus and from cushion from Allah
30:19
and from China and from Hamid and from
30:22
the islands of the sea so now he's going

30:25
to a universal scale and he says God is
30:28
going to gather his people a second time
30:32
and he shall set up an ensign for the
30:34
nations and shall exempt assemble the
30:37
outcasts of Israel and gather together
30:39
the dispersed of Judah from the four
30:41
corners of the earth God is going to
30:44
call a people at the end of time
30:47
and he's going to bring them into a
30:50
relationship with himself now what did
30:54
he do when he called Israel out of Egypt
30:58
put them on a diet
31:00
uh-huh so he put them on a road of
31:07
experiential learning and diet was an
31:12
integral part of that event so when God
31:15
took the children of Israel out of Egypt
31:18
and he brought them into this
31:21
relationship with himself
31:23
he was intent on training them to become
31:28
eden minded again yes they were very
31:33
charmed with that right no so when God
31:37
gathers the people universally for the
31:40
second time do you think you might

31:43
follow a similar process or will he say
31:48
well it didn't work the first time I'm
31:50
gonna leave that one up I don't think so
31:53
and all the people gonna feel
31:55
differently then the they felt when they
31:58
came out of Egypt about this new way
32:01
that God this way that God wants them to
32:04
be oh well when God calls people he
32:06
calls all kinds of people doesn't it yes
32:08
but it's a good question I think you
32:12
have an ulterior motive I know
32:18
so when he calls them out and he brings
32:23
them into this relationship were they
32:27
all holy people wonderful people when he
32:31
called them out no they were also others
32:34
amongst them which were called the mixed
32:36
multitude and there was always strife
32:39
and argument and we can have a similar
32:42
situation God calls all kinds of people
32:47
the gospel net captures all kinds of
32:50
fish and they brought into the gospel
32:53
named but the sorting of the fish is
32:57
God's business and not my business so

33:01
God will one day sought the bad fish
33:04
from the good fish and he will sort the
33:07
good grain from the tares yes from the
33:12
tares etc so let's have a look because
33:15
people sometimes will claim you
33:18
Adventists you make health such a big
33:20
issue hmm but why is it a big issue and
33:24
let's get a biblical basis for this
33:27
because it really is biblical so what
33:31
did God do when he led the children of
33:33
Israel out of out of Egypt let's have a
33:36
look at the Exodus Exodus 16 verse 2 and
33:39
the whole congregation of the children
33:41
of Israel murmured against Moses and
33:45
Aaron in the wilderness and the children
33:49
of Israel said unto them would to God we
33:53
had died by the hand of the Lord in the
33:56
land of Egypt when we set by the
33:59
fleshpots now this is not mean right as
34:02
his flesh and when we did eat bread to
34:05
the fall for you have brought us forth
34:08
into this wilderness to kill this whole
34:10
assembly with hunger then said the Lord

34:14
unto Moses behold I will rain bread from
34:18
heaven for you and the people shall go
34:20
out and gather a certain rate every day
34:23
that I may prove them whether they will
34:27
walk in my law
34:29
it's interesting hmm
34:32
so diet was associated with law now when
34:40
the bread fell the mana of course on a
34:43
Friday there was a double portion on the
34:46
Sabbath there was none and some of them
34:49
would try and go and gather it on the on
34:51
the Sabbath but there was none yes
34:54
and if they gathered more than they
34:56
should on the other days then it became
34:59
rotten yes now what was the lesson in
35:02
that the manna of course was the literal
35:05
food but it had a spiritual application
35:08
pointing to a higher food the bread that
35:11
came down from heaven namely Jesus
35:13
Christ and his character and that
35:17
internalization the study of the
35:20
character of God is a daily yes
35:23
I cannot horde and Gorge myself in that

35:28
for a day and then go without it because
35:33
I feel that I've had enough no I need a
35:36
daily experience with God and so it was
35:40
a test of obedience whether they would
35:43
recognize the Sabbath and really this
35:45
was before Sunday yes so the Lord not
35:48
yet been given and it came to pass that
35:51
on the sixth day they shall prepare that
35:54
which they bring in and it shall be
35:56
twice as much as they gather daily so by
36:00
a singular miracle God drilled the
36:05
Sabbath into their minds yes important
36:10
right definitely okay now that was the
36:12
type don't you think when God gathers
36:17
the people out of the world for the
36:19
second time that he will do the same yes
36:22
then he will draw this concept of the
36:26
Sabbath into the minds of men but
36:29
therefore on the sixth day there will be
36:33
none you have to have prepared yourself
36:37
you have to have the preparation
36:39
before that and then you must
36:41
concentrate on the Sabbath day and there

36:45
will be twice as much so he won't stop
36:47
no God will take care of you on the
36:50
Sabbath day and Moses said there shall
36:53
be when the Lord shall give you in the
36:55
evening flesh to eat and in the morning
36:59
bread to the full now why did he give
37:03
them flesh because they were murmuring
37:06
for it
37:06
aha he didn't originally give it to them
37:10
now but they got fed up with the kind of
37:13
food that they were getting and so they
37:16
murmured because you're moving against
37:19
him and what are we your murmurings are
37:23
not against us but against the Lord
37:26
because who instigated this rule it was
37:29
God God wanted to take them back to have
37:32
he Zdenek diet and Edenic mindset verse
37:39
12 says and I have heard the murmurings
37:41
of the children of Israel speak unto
37:44
them says God now and even you shall eat
37:48
flesh and in the morning he shall be
37:51
filled with bread and ye shall know that
37:55
I am the Lord your God

37:57

I'll give you what you want the bread is

38:00

from me the other one is because of your

38:02

murmuring and the children of Israel did

38:06

eat manna 40 years until they came to a

38:09

land inhabited they did eat manna until

38:13

they came into the borders of the land

38:16

of Canaan well if you in America will

38:18

say man all right now why did you run

38:24

away eight verse three and he humbled me

38:27

and suffered me to hunger and fed thee

38:32

with manna which thou knewest not

38:36

neither did thy fathers know that he

38:39

might make thee know that man does not

38:43

live by bread alone but by every word

38:46

that precedes

38:48

out of the mouth of the Lord death man

38:51

so diet associated with God's work knees

38:58

and if diet has a role to play in your

39:03

association with the word then it must

39:07

have a part to play in discernment yes

39:11

and we have to get into the bottom of to

39:15

the bottom of this when again the meat

39:21

get them another specific instruction in

39:24
numbers 1118 he says and say under the
39:28
people sanctify ourselves against
39:32
tomorrow that's a fascinating statement
39:36
contemplate your standing with God and
39:41
see that you are right with God and
39:44
whether you are in God's will and then
39:49
you shall eat flesh for you have wept in
39:52
the ears of the Lord saying who shall
39:55
give us flesh to eat can we expect the
39:58
people in the second gathering to have
40:00
similar sentiments now you are
40:05
conjecturing something I gotta get my
40:09
own experience I was probably the
40:14
biggest meat-eater on the planet chicken
40:18
to me was a vegetable no steak was was
40:23
meat was flesh right well that's the
40:26
South African view of the chicken so it
40:36
was very very strange to me to see
40:38
people trying to live on a plant-based
40:42
diet I thought it was totally insane hmm
40:46
and when I studied it I became even more
40:51
convicted that they were insane but then
40:56
when I studied the Word of God and that

40:59
little voice
41:01
started speaking to me and then of
41:04
course the experience the sicknesses
41:07
that came with it frequent calls the the
41:12
flus the ear infections the throat
41:16
infections the sinus infections all of
41:19
these things the high blood pressure all
41:23
of these issues then I started realizing
41:27
that God's Way is the better way and it
41:31
is a tremendous injustice but this is
41:35
what we are all like and some will yield
41:38
it and some what so God said to them you
41:43
shall not eat one day not two days nor
41:48
five days neither 10 days not 20 days
41:52
but even a whole month until it come out
41:55
of your nostrils and it is loathsome
41:58
unto you I think he's trying to make a
42:01
point yes because you have despised the
42:05
Lord which is amongst you and have wept
42:07
before him saying why can't we forth out
42:10
of Egypt so it was God pleased with
42:12
their meat-eating yes or no flesh-eating
42:14
according to this now absolutely not

42:17
was he going to teach them a lesson he
42:19
say two numbers to any one verse 5 and
42:24
this people spoke against God and
42:26
against Moses wherefore have he brought
42:29
us up out of Egypt to die in the
42:32
wilderness for there is no bread neither
42:34
is there any water our soul loathes this
42:37
light bread in other words it wasn't
42:41
heavy on the stomach it must have been
42:44
very good for them but they loved it
42:47
they wanted something substantial and a
42:55
man in particular is that way inclined
42:59
he wants something substantial not this
43:03
bread like creamy stuff yeah oh yes
43:09
numbers 11 32 and the people stood up
43:13
all that day
43:15
all that night and all the next day and
43:17
they gathered the quails and he that
43:20
gathered at least gathered 10 homers
43:22
that's about a bath full yeah 200 liters
43:26
about yeah and they spread them all
43:29
abroad for themselves around about the
43:31
camp and while the not this is

43:33
interesting while the flesh was yet
43:36
between their teeth here it was chewed
43:43
the wrath of the Lord was kindled
43:45
against the people and the Lord smote
43:47
the people with a very great play God
43:51
was obviously not pleased with their
43:53
disposition right and he called the name
43:58
of that place
43:59
he brought hot lava graves of longing
44:03
because there they buried the people
44:07
that lasted it's very prophecy actually
44:10
tells us that there was some gluttonous
44:12
that they couldn't even wait to be
44:14
properly cooked know properly prepared
44:16
and that they just started eating it
44:19
like like crazy and some of course were
44:22
more gluttonous than Adam vez
44:24
so also interesting when you study the
44:26
word gluttony you will find in in the
44:30
scripture especially in writings of
44:33
Solomon that it's particularly
44:35
associated with meat-eating
44:37
Nilesh eating so some of them were more

44:41
so than others and there of course were
44:43
the first ones to actually suffer the
44:46
consequences verse 6 had said now our
44:50
soul is dried away that's interesting
44:54
there's nothing at all beside this
44:57
manner before our eyes so something
45:01
happens inside when you start
45:05
desiring foods that are not good for you
45:11
verse 31 says and they went forth a wind
45:14
from the Lord brought quails from the
45:16
sea and let them fall by the camp as it
45:19
were day's journey on this side and as
45:21
it were a day's journey on the
45:23
side round about the campaign as it were
45:26
to cubits high upon the face of the
45:28
earth so here they were just sitting and
45:33
some people say well you know what this
45:36
was not a miracle this was just
45:38
something that happened at that time of
45:40
year that the winds brought the birds
45:44
and they sat down and the people ate
45:46
this but God did this twice nice the
45:50
first time he was more lenient with them

45:53
he told them he was displeased but the
45:56
second time is when he said the flag yes
45:59
so obviously God wanted them to learn a
46:03
lesson
46:04
but many of them refused to learn the
46:07
lesson and swamps gives us a little bit
46:11
of an inkling here Psalms 106 verse 14
46:15
but they lusted exceedingly in the
46:19
wilderness and tempted God in the desert
46:23
this is this is like Hebrew parallelism
46:26
so the last thing is associated with
46:31
tempting God in other words you're going
46:34
against God's will best world for you
46:38
verse 15 says and he gave them their
46:41
request and attend this amazing verse
46:46
here but sent leanness
46:49
into their soul something happened in
46:54
here
46:54
a leanness and emptiness so has it to do
47:01
with discernment so can obedience in
47:05
terms of diet affect your spirituality
47:09
you know I always found it fascinating
47:13
because I was associated with the occult

47:16
world and I studied a lot about occultism
47:20
when I was a pagan and my father-in-law
47:24
was deeply involved and he actually
47:26
trained me in many many things and we
47:31
all had meat of course but when he
47:34
wanted to be
47:36
on a different spiritual level when he
47:39
wanted to have a particular spiritual
47:42
experience you go vegetarian and if you
47:47
read the occult writings you will see
47:49
that many of the high Luciferians are
47:52
actually vegetarians and many of the
47:57
leaders in the world of vegetarians so
48:00
even in the occult world spirituality
48:04
can be associated with your diet yes now
48:07
because Satan the father of all this
48:10
knows absolutely that your diet has to
48:13
do with your spirituality absolutely and
48:16
your spirituality can be on the side of
48:19
the Luciferian doctrine or it can be on
48:22
the side of the biblical doctrine yes
48:24
now 1 Corinthians 10 verse 6 says now
48:28
these things were our examples to the

48:31
intent that we should not lust of the
48:33
evil things as they also lusted what did
48:36
they last after not of him election aids
48:40
it's interesting to me that flesh in the
48:43
Bible is a symbol of the end
48:45
unsanctified nature and the manner
48:49
symbolizes the sanctified nature here's
48:54
another quote that I found fascinating
48:55
during this period of waiting there was
48:59
time for them to meditate upon the law
49:01
of God which they had heard and to
49:03
prepare their hearts to receive the
49:05
further revelations that he might make
49:08
to them they had none too much time for
49:11
this work and had they been thus seeking
49:14
a clearer understanding of God's
49:16
requirements and humbling their hearts
49:18
before him they would have been shielded
49:21
from temptation but they did not do this
49:25
and they soon became careless
49:29
inattentive lawless especially was this
49:33
the case with the mixed multitude they
49:36
were impatient to be on their way to the

49:38
land of promise the land flowing with
49:40
milk and honey it was only on condition
49:43
of obedience that the goodly land was
49:46
promised them but that
49:47
site of this there were some who
49:51
suggested a return to Egypt but when the
49:55
forward to Canaan or backward to Egypt
49:57
the masses of the people were determined
50:00
to wait no longer for Moses so isn't it
50:06
interesting that your understanding will
50:10
be affected you know I find the story of
50:16
Herod and John the Baptist very
50:18
interesting yes because Herod actually
50:22
according to the scripture was very
50:25
interested in what John the Baptist had
50:27
to say yes and in fact Malayan his
50:30
stepbrother accepted what John the
50:34
Baptist said and joined the church and
50:37
Herod actually changed many things in
50:41
his life but when Herod ayahs couldn't
50:45
get her away she organized the
50:49
tremendous feast hmm and there was lots
50:54
of wine and everything that gratified

50:56
the appetite and when under those the
50:59
clouded conditions suddenly his
51:05
discernment was gone and he did things
51:09
which he would not normally do miss any
51:12
sentence him to death yes on the request
51:15
of Herod eyes through salami
51:18
so diet can so be cloud your attention
51:23
and your mind that it can cost you your
51:26
eternal life Psalm 78 verse 18 says and
51:31
they attempted God in their hearts by
51:33
asking meat for their lust Psalm 106
51:37
verse 14 and 15 they lusted exceedingly
51:39
in the wilderness tempted God and he
51:43
gave them their request that the salinas
51:45
in the soul this emptiness in the heart
51:49
so when i walked according through the
51:51
counsel of god what happened Psalm 105
51:53
verse 37 says he brought them forth also
51:56
with silver and gold and they were
51:59
not one feeble person amongst their
52:01
health fearful promise hmm
52:04
and here's another quote from the spirit
52:07
of prophecy the light that God has given

52:11
and we'll continued to give on the food
52:13
question is to be to his people today
52:17
what the manna was to the children of
52:20
Israel so we do have a test yes God does
52:25
not change it says Jesus Christ the same
52:28
yesterday today and forever forever so
52:32
when he gathered them and he put them on
52:33
that lifestyle when he gathers them out
52:36
of the world out of every nation tribe
52:41
and people is going to do the same and
52:44
we're going to have the same
52:45
consequences now one interesting story
52:49
in the Bible that tells us what
52:52
discernment is and what diet what role
52:55
diet plays is the story of Daniel the
52:59
character of Daniel is presented to the
53:01
world as a striking example of what
53:04
God's grace can make of men fallen by
53:07
nature and corrupted by sin the record
53:10
of his noble self denying life is an
53:13
encouragement to our common humanity
53:15
from it we may gather strength to nobly
53:19
resist temptation and firmly and in the

53:22

grace of meekness stand for the right

53:24

under the severus trials those who make

53:28

the most of their opportunities who

53:30

place themselves in right relation with

53:32

God will be rewarded even as as was

53:35

Daniel we read of him Daniel purposed in

53:39

his heart that he would not defile

53:42

himself with the portion of the Kings

53:44

meat that's the King's food nor with the

53:48

wine which he drank therefore he

53:50

requested the Prince of the eunuchs that

53:52

he might not defile himself now God had

53:56

brought Daniel into favor and tender

53:58

love with the Prince of the eunuchs

54:00

and the Prince of the eunuchs said unto

54:03

Daniel I fear my lord the king in other

54:07

words he was under the impression that

54:10

the King's food

54:12

was the best man yeah Daniel said ma'am

54:15

snowman trees and I came to a test for

54:21

why should I see your face worse liking

54:24

than the children which are of your salt

54:28

so here were the exiles

54:31
there were always realized yes that's an
54:33
important point yes a lot of people
54:36
missed that yeah the first test was
54:40
Daniel and his friends against his skin
54:43
exactly now what was the mindset of the
54:47
you know the food that the King had
54:49
supplied was the best and Daniel said
54:52
it's not the best and he was horrified
54:55
so today if you decide to become a
54:58
vegetarian there will be many a voice
55:00
which says were you going to get your
55:01
protein from this what about b12 and
55:06
what about this and what about that and
55:09
you're going to get weak the strongest
55:12
person in the planet is a vegan
55:16
vegetarian the best athletes are
55:19
vegetarians in fact if you want to
55:21
compete on on that level in the world
55:24
today you had best be a vegetarian and I
55:29
mean this is common knowledge and we
55:32
could show lots of those interesting
55:35
videos but it's just a fact the mindset
55:38
of man just cannot comprehend that flesh

55:43
and plants should have such a different
55:46
reaction now my own research was an
55:50
animal protein versus plant protein and
55:54
the effect on the diseases and the
55:57
health of of humanity that was what I
56:00
did at University and it was stunned me
56:05
that if you put in that plant protein
56:08
combination a grain and Aleichem is a
56:10
complete protein so it's a simple thing
56:12
like a peanut butter sandwich is a
56:14
complete protein yes and a better
56:16
protein that you could ever get out of
56:18
out of flesh and if you compare the the
56:22
parameters the
56:24
immune responses the cardiovascular
56:28
responses the cholesterol levels all of
56:30
these things with blood based versus non
56:34
plant-based I mean the differences were
56:37
always astounding so he thought that it
56:42
would be worse off if he changed his
56:44
diet then he shall make me endanger my
56:47
head to the king
56:49
and Daniel said to improve thy servant I

56:51
beseech thee ten days then you'll said
56:54
and let them give us pulse to eat that's
56:56
plant material vegetarian and water to
57:01
drink I don't want this wine and let our
57:04
countenances be looked upon before thee
57:07
and the countenance of the children that
57:09
eat of the portion of the Kings meat he
57:12
was being compared with in the Israelite
57:16
community is so today we have people
57:20
that have accepted the call and they are
57:27
those that stubbornly refused to follow
57:30
the Lord's directives and those that
57:34
follow and if you compare them all those
57:38
comparisons have been made the World
57:40
Health Organization has made comparisons
57:43
like that and the World Health
57:45
Organization years ago already published
57:48
that if your diet is more plant-based
57:52
than you are Althea with anybody's less
57:56
plant-based then let our countenance be
58:00
looked on before thee and the
58:02
countenance of the children that eat of
58:04
the portion of the Kings meat and as

58:06
they'll see us deal with our servants do
58:09
a test a 10-day test do you think 10
58:12
days can do it I mean definitely well it
58:16
doesn't seem logical well we have
58:19
Institutes health Institute's today that
58:22
put you on a 10-day diet and within 10
58:26
days the parameters are so vastly
58:31
changed that the people that are part of
58:36
this
58:37
or start I have seen with my own eyes
58:41
people that cannot even warm 5 meters
58:46
without having to sit down in such a
58:49
state at the end of ten days be
58:53
transformed yes unbelievable
58:56
so he consented to them in this matter
58:59
and proved them 10 days and at the end
59:01
of the 10 days their countenances
59:04
appeared fairer and fatter in flesh then
59:09
all the children he's on the children of
59:11
Israel which did eat the portions of the
59:14
Kings meat and we can confirm that today
59:19
just two questions that I would like to
59:21
ask on Daniel the first is the wine that

59:25
he didn't want to drink can you
59:27
elaborate on that for us and then also
59:28
there's also mentioning that the food
59:31
was offered to idols well he came from
59:36
the royal family right he was he was a
59:39
prince and wine had been forbidden for
59:44
the priesthood now people obviously
59:47
drank wine and throughout history and
59:51
even now I got drunk so there's no doubt
59:58
that people drank alcoholic beverages at
60:02
the priesthood was forbidden to do this
60:04
and Daniel had purposed in his heart
60:07
that he did not want to defile himself
60:11
with these issues now today aren't God's
60:16
people called the royal priesthood and
60:19
the wine that Jesus produced out of
60:24
water is at the wedding of inka that
60:27
could not have been alcoholic because if
60:31
the bread was to be unleavened which was
60:34
a symbol of sin then the wine also would
60:37
have to be unlived
60:39
then Jesus spoke about putting wine new
60:44
wine into old wineskins that they would

60:47
burst
60:47
yes in other words why would they burst
60:49
because the bacteria that caused the
60:52
fermentation are inside the old wineskin
60:55
and would cause a fermentation which
60:58
would then make then make them burst so
61:00
in other words they were preserved so
61:03
that they would not ferment and so so
61:06
interesting that Jesus didn't ask for
61:09
the wine jugs to be fulfilled him out
61:13
there he asked for the ritual cleansing
61:18
stone containers outside we you washed
61:23
your hands in your feet which was a
61:26
symbol of cleansing that those should be
61:30
filled with water because he would give
61:33
you a higher cleansing bed of his blood
61:35
and the difference between alcoholic
61:39
wine and just normal fruit juice I've
61:43
actually seen if the Bible talks
61:47
negatively about the wine then it's you
61:51
have to get from harder context yes
61:54
because the word is the same it's grape
61:57
juice or it is fermented yeah so

62:00
obviously when the Bible talks about
62:03
pouring wine woe to him who gives wine
62:06
to drink one drink to his neighbor then
62:09
its alcoholic and when it is talking
62:14
about new wine or wine you have to get
62:16
it from the context whether it is
62:18
fermented second ferment the drinking
62:20
wine and be merry it's not that showing
62:24
two alcoholic no definitely not how do
62:27
we come together and had grape juice
62:30
together and well Mary certainly it
62:33
doesn't have to be alcohol in the old
62:35
days it used to be alcoholic in my life
62:38
how about the price that's the thing you
62:40
see if you if you're a drinker and you
62:43
drink and days and you drink a little
62:45
bit and you call it tipsy you become
62:47
tipsy you think it's being merry but
62:51
somebody doesn't
62:52
and drink at all don't think you're Mary
62:54
you drunk you drunken and yapping stupid
62:58
correct yes so Daniel was a type of the
63:03
people of the end Daniel the name

63:05
actually means judgment and he was
63:10
temperate in his ways and he was
63:13
vegetarian he didn't eat the flesh foods
63:15
and he abstained from alcoholic
63:19
beverages let's go to John the Baptist
63:21
who's another sorry just the other one
63:23
the idols the food sacrificed to idols
63:28
now that that is a an interesting point
63:31
because even the Council of Jerusalem
63:34
confirmed that you shouldn't eat food
63:37
sacrificed to idols now basically what
63:44
happened in the old days is the pagans
63:48
would dedicate the food to their gods
63:51
and the disciples felt that you should
63:56
not eat them kind of food Paul later on
63:59
clarifies it somewhat when Paul says an
64:03
idol is nothing it doesn't really exist
64:07
so he makes a statement which is often
64:11
misconstrued he said therefore if your
64:13
faith is weak you will eat only
64:15
vegetables because the meat was
64:17
generally sacrificed to idols now even
64:23
in today's world some religious systems

64:26
who will bless the food in a particular
64:30
way and then the food gets stabbed as
64:34
being blessed in a particular way in
64:37
fact even with medications it is done
64:40
under many homeopathic medicines for
64:43
example you have a chanting which takes
64:47
place to enforce the vitality of the
64:52
medication so that is also dedicated as
64:56
you were to another entity now Paul says
65:01
if your faith is weak then you will
65:04
avoid all of those
65:05
but if your faith is strong then you
65:07
will know that an idol is nothing that
65:09
doesn't exist so can you can you then
65:13
eat it or not well Paul says if your
65:17
faith is weak you will avoid it so it
65:22
was dedicated to idols and Paul says if
65:27
your faith is strong then it shouldn't
65:29
bother you because you pray over it and
65:33
you don't worry about it so if we use
65:36
modern examples of foods that are
65:38
dedicated to other deities and have
65:42
stamps on them which say that they are

65:44
dedicated to other deities if my faith
65:48
is weak I might avoid them if I do not
65:51
consider this as as you know biblically
65:55
correct but if my faith is strong and
65:58
there's a stamp let's throw in a bottle
65:59
of herbs
66:00
I know it's herbes and I will say to God
66:03
thank you for these herbs please bless
66:06
my food and I will eat it because my
66:09
faith is strong so it has nothing to do
66:11
with flesh meats necessarily it's also
66:15
interesting that the council in
66:18
Jerusalem had said because Moses has
66:21
been preached in fact the the
66:25
slaughtering ways were already
66:29
introduced because many people realized
66:32
the health benefits of this and even
66:35
today I mean if you take kosher meat
66:37
which is meat that has been slaughtered
66:41
according to the Jewish redzone and you
66:45
take halal meat it has been slaughtered
66:47
according to the same ritual so in the
66:52
case of allowed meat there will be an

66:54
imam who blesses the food as well so you
66:58
have that extra dimension but the the
67:01
slaughtering technique is actually
67:04
identical the blood is drained so are
67:08
you not going to eat the one if you are
67:10
going to eat meat now as opposed to the
67:14
other one is it because of the
67:16
dedication or is it because
67:18
the way in which it was slaughtered so
67:20
that that is the issue that people have
67:23
a problem with John the Baptist
67:27
Matthew 11:18 for John came neither
67:31
eating nor drinking and they say as a
67:33
devil they're fascinating verse the son
67:37
of man came eating and drinking and they
67:39
say behold a man gluttonous and a
67:42
wine-bibber a friend of publicans and
67:44
sinners but wisdom is justified of her
67:48
children so John the Baptist came not
67:53
eating and drinking
67:54
well obviously was eating and drinking
67:56
something yes he would have died but he
67:58
wasn't eating the common foods Jesus on

68:03
the other hand was not sinning he was
68:07
without sin but within strict temperate
68:12
rules he did not consider it a sin to
68:18
associate with publicans and sinners who
68:22
he came to save and he would eat at
68:26
their tables not in in a fashion which
68:30
was contrary to the law but to reach the
68:33
people where they were but his
68:36
representative can not eating or
68:40
drinking and we read in the Sparrow
68:44
prophecy John separated himself from
68:46
friends and from the luxuries of life
68:48
the simplicity of his dress now I mean
68:52
Jesus referred today what did you see in
68:54
the desert did you see a reed flying in
68:59
the wind no you saw a prophet and more
69:07
than a prophet yes a garment woven of
69:10
camel's hair was a standing rebuke to
69:13
the extravagance and display of the
69:15
Jewish priests by the way it was not a
69:17
skin mmm no it wasn't it was a garment
69:20
it was woven from camels hair beautiful
69:24
yeah his diet

69:26

purely vegetable

69:28

it's a very strange statement of locusts

69:32

and wild honey

69:33

so obviously actually understood that

69:35

this word locust locust are referred to

69:38

the Caribbean yeah and the carob bean

69:41

was what the poor of people actually ate

69:43

it was actually what was very healthy

69:46

for it was a policy as Caribbean the the

69:51

last son he started eating what was

69:54

given to the pigs by the rich people and

69:56

you know you have the same today I was

70:00

once in Germany and that was years ago

70:04

today it's different they eat corn on

70:06

the cob but in those days they

70:09

considered corn to be something that was

70:12

to be fed to the pigs so one of them

70:16

said I will only eat corn once it's gone

70:18

through the pig in other words while

70:20

it's being transferred in the flesh of

70:23

the pig

70:24

so this is the same case here so his

70:27

diet was purely vegetable consisting of

70:29
locust are the carob bean and wild honey
70:32
which by the way is a plant product yes
70:35
because it's nectar and it it's doesn't
70:37
go into the stomach of the beef there's
70:40
a special chamber where it is
70:42
transferred into honey so it's not
70:45
something that is predigested okay so it
70:49
is basically plant-based and it was a
70:51
rebuke to the indulgence of appetite and
70:53
the gluttony that everywhere prevailed
70:56
remember in those terms gluttony was
70:59
mainly referred to flesh-eating and
71:02
those who are to prepare the way for the
71:05
second coming of Christ are represented
71:07
by faithful Elijah as John came in the
71:10
spirit of Elijah to prepare the way of
71:12
Christ's first Advent the great subject
71:16
of reform is to be agitated temperance
71:19
in all things is to be connected with
71:21
the message to turn the people of God
71:24
from their idolatry their gluttony and
71:27
their extravagance in dress and other
71:29
things in other words when you become a

71:32
Christian everything has to change you
71:36
have to go back to the authentic
71:38
thinking now this was no
71:42
but when you give up the ways of the
71:46
world that you are somehow deprived Oh
71:49
have we died in Egypt and yes in the
71:55
beginning you feel deprived hell but as
71:59
you start to learn about the varieties
72:03
of things that God has given all the
72:06
grains that we find in the world all the
72:09
ways and means in which you can make the
72:11
most delightful foods the most
72:15
delightful healthy mugs from seeds and
72:18
nuts and how you can create the most
72:23
magnificent dishes using plant-based
72:26
material once your expertise improves
72:31
then you cannot even imagine at least I
72:35
can't then I used to live like I used to
72:38
live well I was the same
72:40
you were you were a big meeting oh yes
72:43
three times a day three times a day and
72:46
it's interesting what you're saying now
72:48
is also it's almost as if God you

72:54
perceive that God always wants you to
72:56
have everything he wants you to do is
72:58
arts in fear yeah and everything Satan
73:04
brings towards you
73:05
ah this is the life you know the eating
73:09
drinking whatever I like so it's
73:12
something that I should change in your
73:14
mind and how do you feel once you've
73:16
made that change it takes a it takes
73:18
hard work but I cannot believe that I
73:22
once didn't eat like we are eating at
73:26
this Lord you go back to your no never I
73:30
think I would I would die just of the
73:33
thought so something has to happen here
73:36
and once you've made those changes once
73:41
you've said okay god I know this is your
73:45
world this is hard for me I understand
73:47
that it's hard but help me do you think
73:51
he'll help you you know differently
73:53
absolutely and they'll send things
73:55
across your path and you'll send recipes
73:59
and some things that you start
74:02
experimenting with I remember my wife

74:04
she was in tears because I said I can't
74:09
live like this something has to happen
74:11
and eventually I came to the point
74:14
that's it okay okay let's just take a
74:16
step back let's just have good bread
74:20
healthy spreads and fruits until we
74:23
figured this thing out because the taste
74:26
you couldn't add them in the beginning
74:29
yes that's one of the the things that
74:32
your palate has to change because
74:34
everything doesn't it's unfamiliar
74:37
tastes so God doesn't want any drug in
74:41
your life nothing that affects your mind
74:44
no alcohol because that affects your
74:47
discernment I mean that's obvious that
74:50
it affects your discernment right
74:51
because your inhibitions go what does
74:54
that mean it means anything can tempt
74:56
you're right yeah and I used to I used
74:58
to drink and you would always say yeah
75:01
but I don't drink to get drunk and I
75:03
know when I'm drunk I'm the proof is in
75:08
the pudding yes you don't actually know

75:12
somebody that's not drinking
75:15
he knows correct this person that drinks
75:19
even if you drink one drink you can you
75:22
already have a change and we just even
75:24
realize it I once had to attend a beach
75:28
party I was in a situation where I
75:32
couldn't get out of it it was a family
75:34
situation and there was a massive beach
75:36
party on the go and I was the only one
75:40
not drinking absolutely the only one
75:44
they were all smash right and I was
75:50
sitting there and the conversation if he
75:54
you know it drifts from the top to the
75:56
bottom and the conversation was at a
75:59
level where I thought my goodness
76:01
and the contrast becomes so great and
76:06
sitting there and watching the people
76:09
and the Swan lady she was very drunk and
76:14
she was walking around making all kinds
76:18
of statements and then she walked into
76:20
the sea and there were only tiny little
76:24
waves it was very calm day with tiny
76:26
little waves and a small little wave

76:30
came and knocked over and I watched and
76:36
she didn't come up she didn't come up
76:40
and I thought to myself now is she
76:43
playing a game what is she doing
76:45
and then I thought to myself no this is
76:49
not a game and I was fully dressed I had
76:52
clothes on I was the only one that
76:54
didn't have a beach a tire on and I ran
76:59
into the ocean and where she was and I
77:03
felt run and there she was she was lying
77:05
on the bottom and I picked her up now it
77:08
wasn't very long because I realized very
77:10
clearly and I dragged her up and she was
77:13
coughing and spluttering and she didn't
77:15
even know that I had taken her out of
77:18
the water and then she got up and walked
77:21
back to the bar and continue doing what
77:24
she was doing before me I don't know
77:26
what happened to her in her life but I
77:29
just thank God that I was sober that day
77:31
no so these things your discernment goes
77:35
and it's very important that we then we
77:40
understand that so what about things

77:43
like coffee there's a little video which
77:48
says what one cup of coffee can do to
77:52
you yes and in the spirit of prophecy we
77:55
read that we shouldn't be drinking those
77:57
things it's the most popular drug I need
78:04
that little piece
78:06
it's everywhere from 320 milligrams in
78:09
the Starbucks cafe Grande about the max
78:11
you should have in a day - energy drinks
78:14
- sodas
78:15
now even inhalable 100 milligrams in an
78:19
instant but could that daily dose of
78:21
caffeine be changing your brain we turn
78:24
to researchers at Wake Forest in North
78:26
Carolina where I underwent two MRI brain
78:30
scans this first scan with no caffeine
78:33
in my system then I down just one drink
78:36
now my second MRI this was my brain
78:40
before caffeine this was after the
78:43
difference was remarkable it's like a
78:46
40% drop in the blood flow to your brain
78:49
that's a lot so before caffeine with
78:52
caffeine the blood flow to my brain

78:54
drive to have 40% 40% really yes why the
78:59
drop caffeine blocks a chemical called
79:02
adenosine which controls blood flow to
79:04
the brain and caffeine blood vessels
79:07
constrict less blood circulates in the
79:10
brain and your blood pressure and heart
79:12
rate go up so if you skip your regular
79:15
coffee that surging blood can trigger a
79:18
caffeine headache it's like trying to
79:20
get a fire hose to pump blood up through
79:22
your skull if you're a caffeine lover
79:24
your brain has actually changed it now
79:27
functions normally on caffeine how much
79:31
caffeine do I have to drink to change
79:33
the physiology of my very much not very
79:35
much like even if one cup a day will
79:37
change your brain so in other words
79:40
anything that affects your mind should
79:43
not go into your into your mouth so it
79:47
was an amazing 1 cup and the cup of
79:50
coffee 1 cup of coffee and there's a 40%
79:55
reduction in the blood flow to your
79:57
brain that means that there must be a

80:02
reduction also in your frontal lobe
80:05
capacity you might be more alert but you
80:10
don't have the same discernment because
80:12
of the way in which the blood is
80:15
channeled when the spirit prophecy
80:19
has these quotations in it they are
80:22
based on biblical criteria here's a very
80:25
interesting one there is no safety in
80:29
eating the flesh of dead animals and in
80:32
a short time the mark of cows will also
80:34
be excluded from the diet of God's
80:36
commandment keeping people in a short
80:39
time it will not be safe to use anything
80:42
that comes from the animal creation and
80:46
today we know that diseases are
80:50
transferred from animal to animal in the
80:54
old days swine flu was swine flu but few
80:58
was bad few horse flu was hosts flu foot
81:01
mouth disease happened to cloven hoofed
81:04
animals right not anymore so we have had
81:09
transpacific transfer we call those
81:13
zoonotic diseases and they have just
81:17
increased dramatically and even if we

81:21
take the pandemic that is sweeping the
81:24
world and if you want to accept that
81:28
this is a virus that occurred in the
81:31
animal kingdom then it is a zoonotic
81:34
transfer if you want to accept that so
81:39
she says we cannot now do as we have
81:41
ventured to do in the past in regard to
81:43
meat eating it has always been a curse
81:46
to the human family but now it is made
81:48
particularly so in the curse which god
81:51
has pronounced upon the herds of the
81:54
fields because of Mayans transgression
81:57
and said this does not say that wild
82:05
animals are more clean than caged
82:08
animals no and it's also interesting
82:12
that in many areas there are
82:15
prohibitions on hunting because of the
82:19
various diseases that we find in wild
82:21
animals these days so he doesn't matter
82:24
how good you look after your own
82:27
livestock No
82:29
according to this the curse which God
82:33
had pronounced upon the hoods of the

82:35
field now when it comes to viral
82:38
diseases they will affect a creature
82:44
whether it is a healthy receiving
82:47
healthy food or not let's say free-range
82:50
animals viral diseases these zoonotic
82:55
diseases they will hit those animals
82:58
whether they are eating healthy food or
83:01
not the way the animal deals with it is
83:05
a different thing so if we have a
83:07
healthy lifestyle we can deal with
83:09
diseases in a better fashion but that
83:12
doesn't mean that I want to eat an
83:14
animal that can be a viral carrier it
83:18
would be a carrier without any symptoms
83:19
for example so it's best to avoid these
83:23
things now some statements seem a little
83:27
bit stronger than others but in the
83:29
light of what Daniels experience was and
83:32
he did not wanted to file himself with
83:35
what was on the Kings table and he was
83:38
to set an example hmm this was an
83:42
example amongst God's people right and
83:45
just take for example when they had to

83:49
bow down to the image yes Nebuchadnezzar
83:53
had erected how many Israelites were in
83:56
that group and only three did not bow
84:02
down to rest that's scary isn't that
84:05
that's very scary that's very scary and
84:08
it's always interesting to me that
84:10
daniel said i do not want to decide to
84:13
file myself with the food that comes
84:15
from the king's table and as we saw the
84:18
you not thought that that was the very
84:20
best of food through to you but daniel
84:22
realized it was the very worst of food
84:24
now when you go through the kings of
84:27
israel and the kings of judah and you
84:33
study there the apostasy for example and
84:39
their life cycles even though it's the
84:42
god of natural
84:43
causes they died very early obviously
84:47
they were very diseased and those that
84:50
followed God's principles had the
84:54
opportunity to become very agent say
84:57
it's an interesting statement let not
84:59
any of our ministers set an evil example

85:02
in the eating of flesh meat let them and
85:05
their families live up to the light of
85:07
health reform we should all be little
85:09
Daniels let not our ministers Animalize
85:13
their own nature in the nature of their
85:15
children children whose desires have not
85:17
been restrained or tempted not only to
85:20
indulge in the common habits of
85:21
intemperance but to give loose rein to
85:24
their lower passions and to disregard
85:27
purity and virtue what you eat is what
85:32
you think is and what you think is 1x up
85:38
your character is what you are these are
85:41
laid on by Satan not only to corrupt
85:43
their own bodies but to whisper their
85:45
evil communications to others if parents
85:48
are blinded by sin they will often fail
85:51
to discern these things now what does
85:55
the spirit of prophecy tell us about
85:57
coffee what then they visited with their
86:01
brethren and at the table revealed their
86:03
principles by eating meat and drinking
86:06
tea and coffee these men were not making

86:10
that progress in divine things that
86:12
would make them safe teachers so as we
86:16
discussed any any drink or food that
86:21
contains a narcotic and caffeine is a
86:24
narcotic this affects your mind
86:27
according to Wikipedia it's the only
86:30
unregulated yes you're absolutely right
86:34
it's the only unregulated narcotic in
86:37
the world and in fact people can't do
86:41
without it the first thing they reach
86:42
for is that in the morning now there are
86:46
so many things that you can drink I mean
86:48
there are so many herbal teas that you
86:50
can drink
86:51
there are so many delightful things that
86:54
you can do you don't have to have a
86:57
narcotic blended with your drink to
87:00
affect your mind an interesting
87:03
statement is this one at this stage of
87:07
the Earth's history meat eating is
87:10
dishonouring to God it is obvious that
87:13
God took the children of Israel and laid
87:17
them to think in the identical and God

87:22
will take the people at the end and will
87:25
do exactly the same thing it affects
87:28
your mind it affects your thinking it
87:31
affects your temperance and it affects
87:34
your mood irritability all of those
87:38
hormones those those fear hormones are
87:41
in that product I don't know if you've
87:46
ever been to an abattoir have you been
87:48
to an abattoir yes when I was younger
87:50
now I used to work in them of course
87:53
because that was the nature of my
87:55
research and to see this fear in these
87:59
animals and all of those those hormones
88:03
that tend to create the fight and flight
88:07
mechanism and all of those courtesans
88:10
that are released those are all issues
88:14
that affect your your temperament and
88:18
particularly if you have an aggressive
88:20
nature you should avoid those kinds of
88:23
things so it is not unreasonable to say
88:27
that it is meat-eating and liquid
88:29
drinking that are making the world as it
88:32
was in the days of Noah I find it

88:36
interesting that now with the lockdown
88:40
being slowly downgraded liquor tink
88:44
drinking was again introduced and you
88:48
see these videos of this massive excess
88:52
downing bottles of brandy as though it
88:56
were water and I think to myself this is
89:01
what humanity is all about
89:03
where
89:04
Daniel's in this world how many people
89:08
will now die from accidents because of
89:13
the use of alcohol its dishonouring to
89:17
God there's no doubt about that these
89:18
things are strengthening the lower
89:20
passions of the human being animal izing
89:23
the race by giving way to base passions
89:26
man is corrupting body soul and spirit
89:30
the murders committed by men under the
89:34
influence of strong drink shows what a
89:36
cruel satanic spirit strong drink
89:39
inspires in man often the liquor salt is
89:43
adulterated particularly me in this day
89:46
and age as well we read about it
89:47
regularly and poisoned and those who

89:51
drink it are made mad it affects your
89:54
mind and its influence they show satanic
89:58
ferocity they place themselves under
90:01
Satan's control and he works through
90:04
them 1 Corinthians 10 verse 31 therefore
90:08
whether you eat or drink or whatever you
90:11
do do all to the glory of God so the
90:17
health message that is so central to
90:20
Adventism doesn't mean that every
90:23
Adventist is a health reformer in fact
90:26
the majority are probably kicking
90:29
against the gods but there is a
90:33
blessing in it and as for me I can only
90:39
say that the blessing that I've received
90:42
from a changed lifestyle is beyond
90:46
computation definitely same year energy
90:51
levels just on that part it's amazing
90:55
already that usually when I was sitting
90:59
behind a desk working four five six
91:01
hours sitting and fishing there behind
91:05
my computer now I've never had that
91:10
problem for the past I use this
91:15
they're on the floor sometimes at the

91:20
University and just say aha I wish I
91:24
could just clear my mind and that
91:28
dullness is gone and the blessings that
91:31
one receives as you say the energy I'm
91:34
not the youngest person on the planet
91:36
but I can still run up a mountain and
91:39
many of my colleagues who are much
91:41
younger than me oh I did hmm they died
91:44
of cardiovascular disease or whatever I
91:47
mean you can be hit by a bus tomorrow
91:49
and you can be dead that is true but the
91:54
clarity yes that's what I also would
91:57
like to say it's not that it's only the
92:00
health no that's a plus so there are
92:04
physical benefits there are spiritual
92:07
benefits and there are temperament
92:11
benefits and if you put them all into a
92:15
package then the house message is one of
92:19
the greatest blessings that God has
92:21
given humanity it was there in the
92:24
beginning it will be there in the end
92:27
there was a test of obedience on
92:31
appetite in the beginning Christ paid a

92:34

tremendous price to overcome that

92:39

weakness in man's behalf and that power

92:43

to overcome he makes available to God's

92:47

children but we have to say yes and

92:51

therefore whether you eat or drink or

92:56

whatever you do do all to the glory of

93:00

God yes I mean let's pray

93:05

however in the father thank you so much

93:08

for giving us such beautiful truths

93:11

please bless us with these truths and

93:14

help us to implement it into our lives

93:16

and we thank you in Jesus name Amen

93:19

amen