

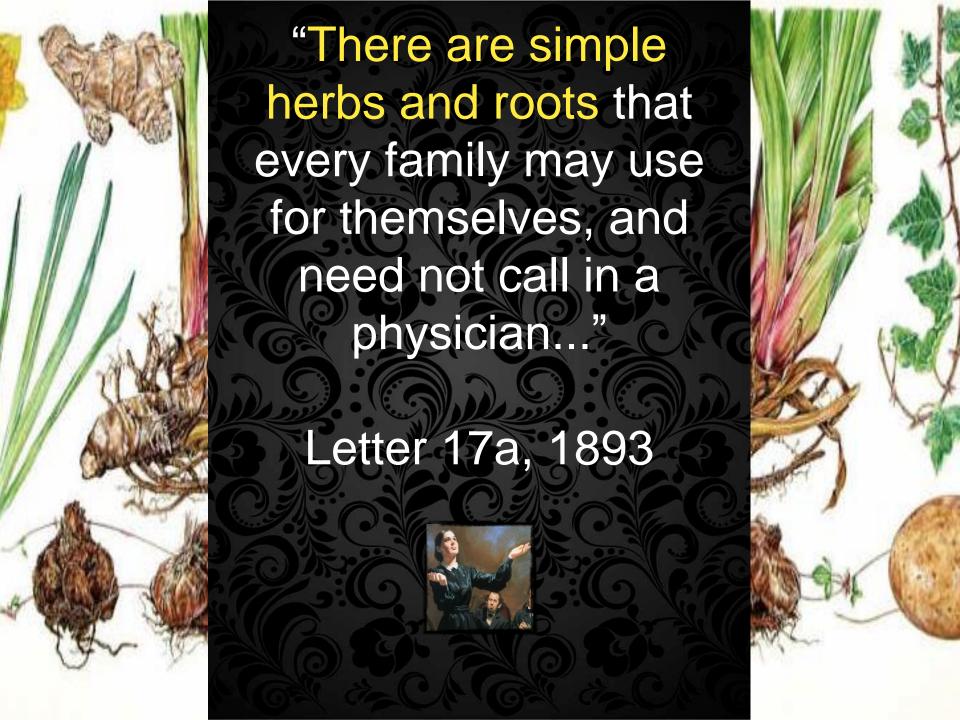
"And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat."

Genesis 1:29



"Our Saviour... has supplied in the natural world remedies for the ills of man... We can use water and sunshine and the herbs which He has caused to grow for healing maladies brought on by indiscretion or accident."

Manuscript 65, 1899.



"There are many simple herbs which, if our nurses would learn the value of, they could use in the place of drugs, and find very effective."

Letter 90, 1908



"...Simple remedies as are found in pure water, pure air, sunlight, and some of the simple herbs growing in the field...they would leave no injurious effects in the system"

Manuscript 115, 1903



"There are simple herbs that can be used for the recovery of the sick, whose effect upon the system is very different from that of those drugs that poison the blood and endanger life."

Manuscript 73, 1908

### (Vicodin)

Hydrocodone/Acetaminophen

Prescription drug

Treats moderate to moderately severe pain.

This medicine contains a narcotic pain reliever.

#### **Brand names:**

Xodol, Hycet, Maxidone, Zydone, Zamicet, Lorcet, Cogesic, Zolvit, Stagesic, Vicodin, Norco, Liquicet, Lortab

Any side effects?

#### Side effects of Vicodin Red = more serious Eyes Psychological -Blurred vision Anxiousness Ears Yellowing Dizziness Ringing Drowsiness Face, lips or tongue sound Headache Dryness Throat Mood changes Swelling Swelling Fainting Muscular - Confusion Seizures - Fear Unusual thoughts Heart or behavior Slowed Loss of appetite heart rate Skin Stomach - Hives - Nausea - Itching Vomiting Yellowing Distress Pain Lungs Intestinal Urinary Difficulty breathing - Constipation Problems urinating - Shallow breathing Clay-colored stools Dark urine

### **Essential Oils Drugs**

**Natural** Multidimensional **Promotes longevity** Targets the root cause **Natural healing properties Boosts the immune system** Easily crosses cell membranes Cleanses the bloodstream Supports bodily organs Positive side effects

**Synthetic** One-dimensional Shortens life span Masks the symptoms only No healing properties Depresses the immune system Difficult to cross the cell membrane Toxifies the bloodstream **Damages organs Multiple adverse effects** 

"The Lord has given some simple herbs of the field that at times are beneficial; and if every family were educated in how to use these herbs in case of sickness, much suffering might be prevented...These old-fashioned, simple herbs, used intelligently, would have recovered many sick, who have died under drug medication."

Letter 82, 1897

The most stunning statistic, however, is that the total number of deaths caused by conventional medicine is an astounding 783,936 per year.

It is now evident that the American medical system is the leading cause of death and injury in the US. (By contrast, the number of deaths attributable to heart disease in 2001 was 699,697, while the number of deaths attributable to cancer was 553,251.5)

http://www.webdc.com/pdfs/deathbymedicine.pdf





that contain the healing properties of the plants. They are the life

They are lipid form and penetrate readily into our cells effecting their benefits on us.

What is?

## Essential C

The oils with light molecular weight are easily absorbed by our skin in topical applications and enter readily into our

circulatory system. 100 to 10,000 times more concentrated than the herbs itself.

Sometimes their effects are almost immediate.







"Now when every maid's turn was come to go in to king Ahasuerus, after that she had been twelve months, according to the manner of the women, (for so were the days of their purifications accomplished, to wit, six months with oil of myrrh, and six months with sweet odours, and with other things for the purifying of the women;)"

Esther 2:12

Myrrh for purification.

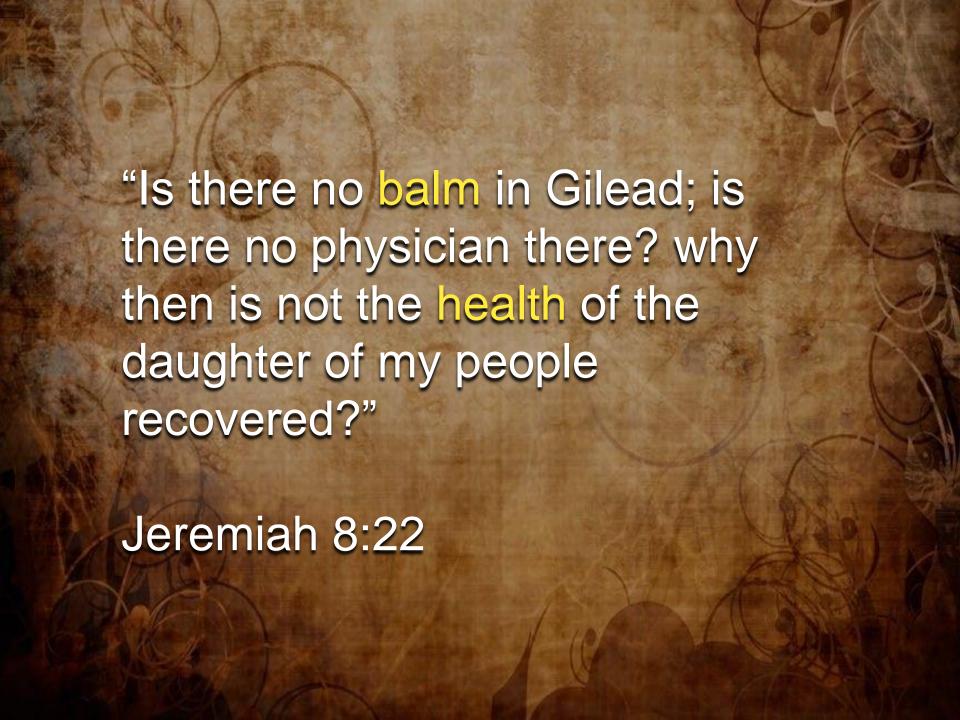
**YFT** is a sap-like substance (resin) that comes out of cuts in the bark of trees that are members of the Commiphora species. Commiphora mukul, a related species, is not a source of myrrh. Myrrh is used to make medicine.

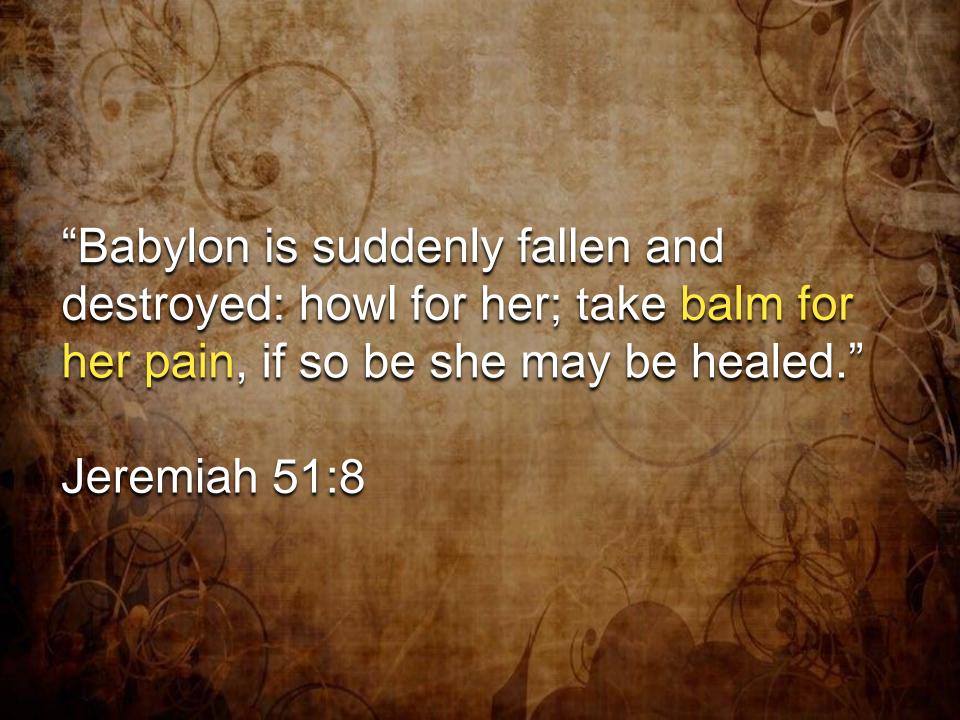
Myrrh is used for indigestion, ulcers, colds, cough, asthma, lung congestion, arthritis pain, cancer, leprosy, spasms, and syphilis. It is also used as a stimulant and to increase menstrual flow.

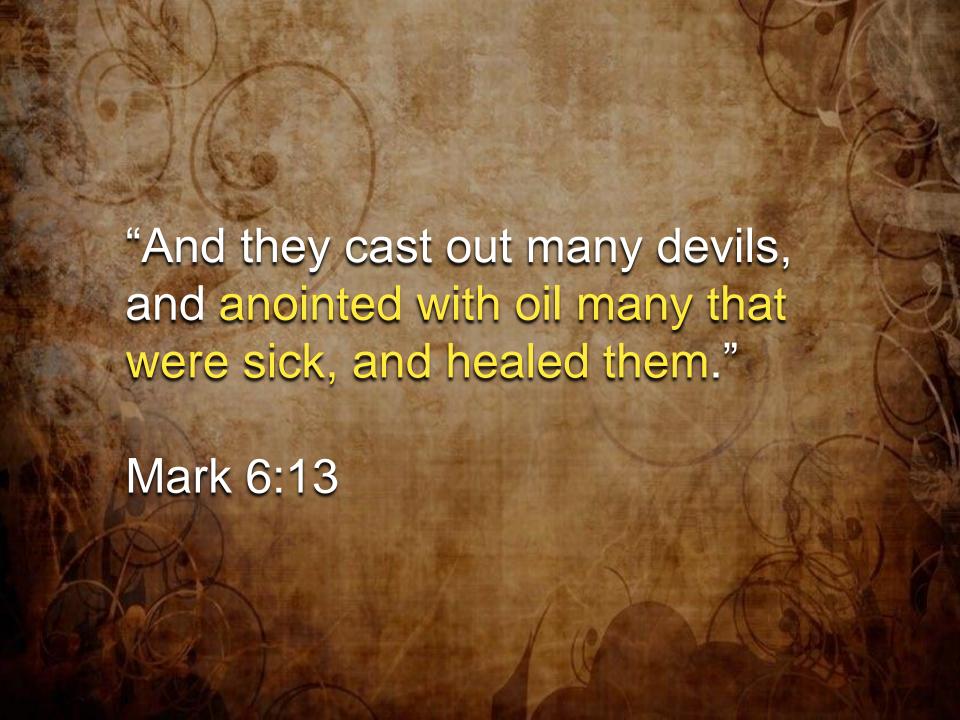
How does it work?

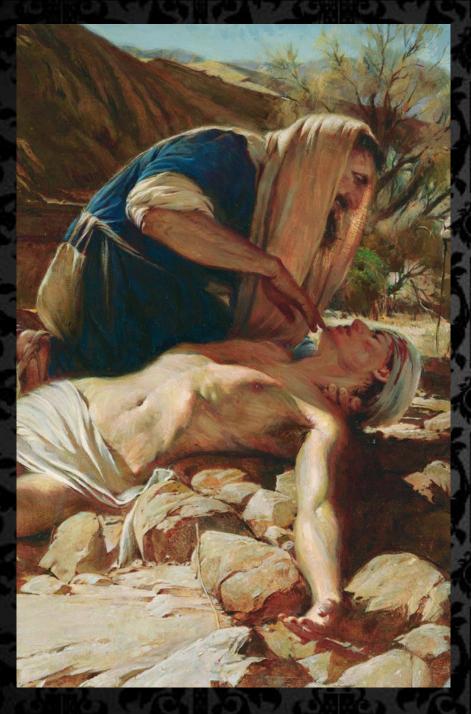
Myrrh can help decrease swelling (inflammation) and kill bacteria.





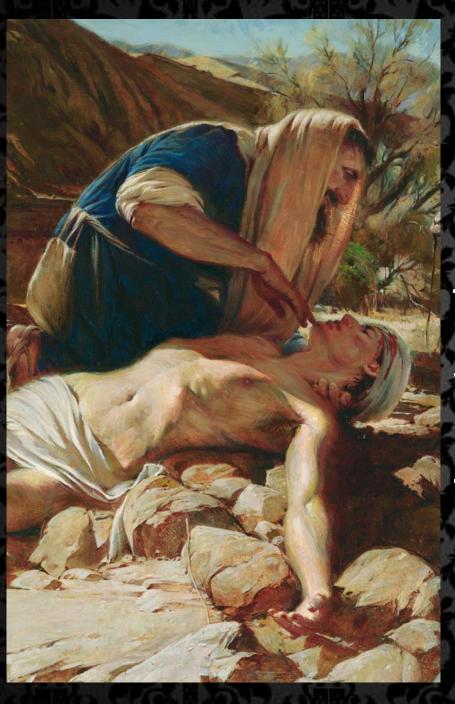






"And went to him, and bound up his wounds, pouring in oil and wine, and set him on his own beast, and brought him to an inn, and took care of him."

Luke 10:34



"The oil and wine provided for his own journey he used to heal and refresh the wounded man."

The Desire of Ages 503

"And when they were come into the house, they saw the young child with Mary his mother, and fell down, and worshipped him: and when they had opened their treasures, they presented unto him gifts; gold, and frankincense, and myrrh."

Matthew 2:11

## Benefits

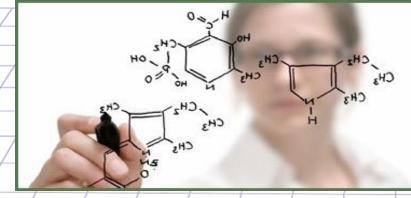
Can prevent cancer growth.

Supports immune system.

Promote hormonal balance.

Natural cleansing.





# Essential Oil Constituents

http://www.abundanthealth4u.com/Essential Oils Constituents s/41.htm

**Terpenes** - Inhibit the accumulation of toxins and help discharge existing toxins from the liver and kidneys.

Sesquiterpenes- Research from the universities of Berlin and Vienna show increased oxygenation around the pineal and pituitary glands. Further research has shown that sesquiterpenes have the ability to surpass the blood-brain barrier and enter the brain tissue, very high in anti-inflammatory and anti-bacterial activity.

**Phenols** - Are responsible for the fragrance of an oil. They are antiseptic, anti-bacterial...They contain high levels of oxygenating molecules and have antioxidant properties.

### Your Everyday Essential Oils Can

- Anti-aging
- Antioxidant
- Fights virus
- Natural detoxing
- Natural pain killer
- Reduce heartburn
- Reduce inflammation
- Treats fungal infections
- Kills bacterial infections
- Fights parasitic diseases
- Inhibiting the formation of tumors



## Blood Brain Barrier

The blood brain barrier is a wall of high density cells that restricts passages of substances from the bloodstream into the brain. This protects our brain from foreign substances.

Since essential oils are lipid soluble and have very light molecular weight, they can pass through the BBB & effect their benefits. Frankincense and peppermint can carry more oxygen into the brain this way and some essential oils can also benefit those with Alzheimer's, memory loss, ADHD metal toxicity, and more.

# Which Essential Oils are Inerapeutic Grade?





Right locations

#### **NORTH AMERICA**

**ANISE HYSSOP BEFBAI M** 

BURDOCK CASCARA SAGRADA

CAYENNE **ECHINACEA**  **EVENING PRIMROSE** GOLDENSEAL **NASTURTIUM** RASPBERRY LEAF SAW PALMETTO SLIPPERY ELM BARK

#### **EUROPE**

**ANGELICA** 

**APPLE MINT ARNICA** 

BURDOCK

CHERVIL

CHAMOMILE EVENING PRIMROSE HUACATAY

CORIANDER **BLACK MUSTARD** COMFREY -DANDELION PAPRIKA

DILL

**MEXICAN MARIGOLD NASTURTIUM** 

#### **MEDITERRANEAN**

ANISE (ANISEED) BAY

CUMIN **LEMON BALM** MARJORAM

OREGANO PARSLEY ROSEMARY SAGE

THYME

**ASHWAGANDHA** 

BASIL BURDOCK

CARAWAY

CHINESE EPHEDRA CINNAMON

**DANDELION** 

DILL

DONG QUAI **FENNEL SEEDS** 

FENUGREEK FO TI

GARLIC GINGER

**GINKGO BILOBA** GINSENG

**GOTU KOLA GREEN TEA JASMINE** 

**PANDAN** KAVA KAVA RASPBERRY LEAF

> REISHI SAFFRON

MIATAKE

**OREGANO** 

LEMONGRASS **TARRAGON** 

LIQUORICE

KENCUR

LAVENDER

### 1

#### **SOUTH AMERICA**

**ANNATO** BOLDO

**EVENING PRIMROSE** HUACATAY

CHILLI

**MEXICAN MARIGOLD** 

DAMIANA CAYENNE

NASTURTIUM **PAPRIKA** 

#### **AFRICA**

ALOE VERA JASMINE LAVENDER

SENNA

#### INDIA

BASIL

CARDAMOM

CUMIN

**PEPPER** 

#### **AUSTRALIA**

ANISEED MYRTLE AND CINNAMON MYRTLE **FORESTBERRY HERB** 

**LEMON MYRTLE** 

**MOUNTAIN PEPPER** WATTLESEED

WILD ROSELLA FLOWER (HIBISCUS)

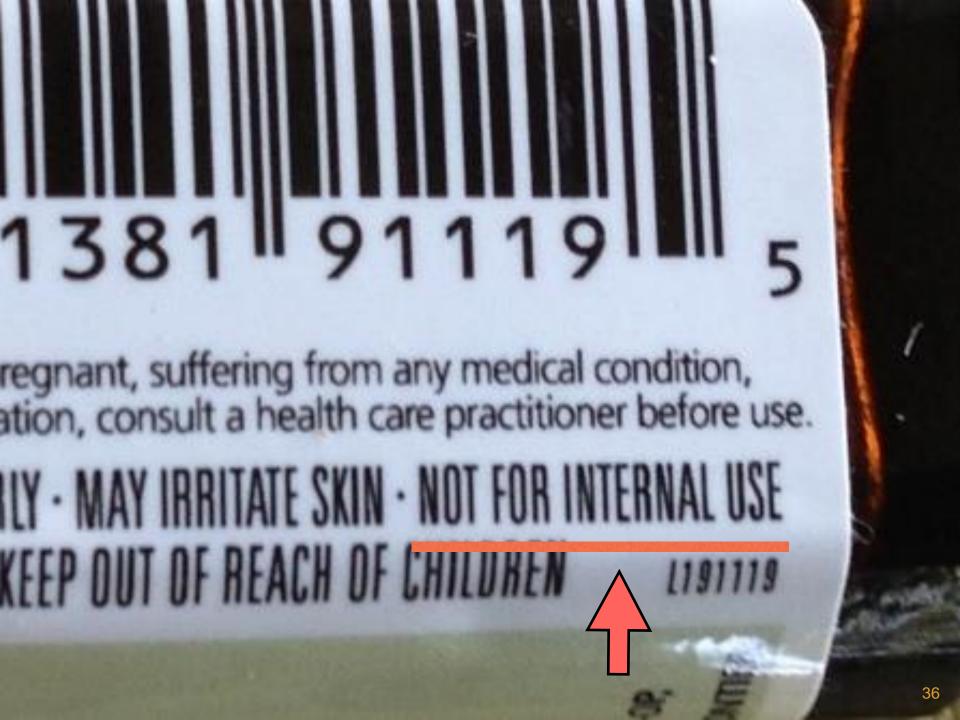
# #3 Cold Pressed Oils

The best oils are cold pressed. The temperature must not rise above 120°F (49°C) for any oil to be considered cold pressed. Cold pressed oils are produced at even lower temperatures. Cold pressed oils retain all of their flavor, aroma, and nutritional value.



100% pure therapeutic-grade essential oil.

1-800-371-2928



# YOUNG LIVING

ESSENTIAL OILS





- 20 Years in Business
- \$100 Million Plus Company
- 9 Organic Herb Farms
- 9 Essential Oil Distilleries
- 4 Different Continents



# World Wide Young Living





### SEED TO SEAL 5-Step Process





Seed





Cultivate



Distill



Test



Seal

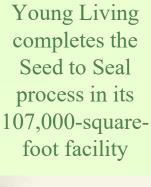
The highest possible levels of bioactive compounds organic seeds.

Our experts travel the world visiting our coop farms to verify that their high standards.

We use cold pressing and resin tapping methods for select oils.



Our oils are tested in Young Living's own internal labs, as well as in thirdparty facilities.





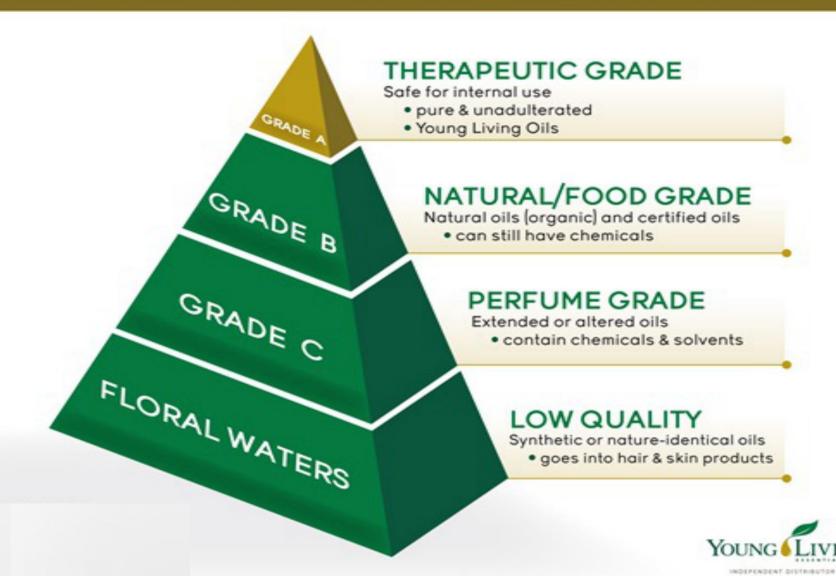






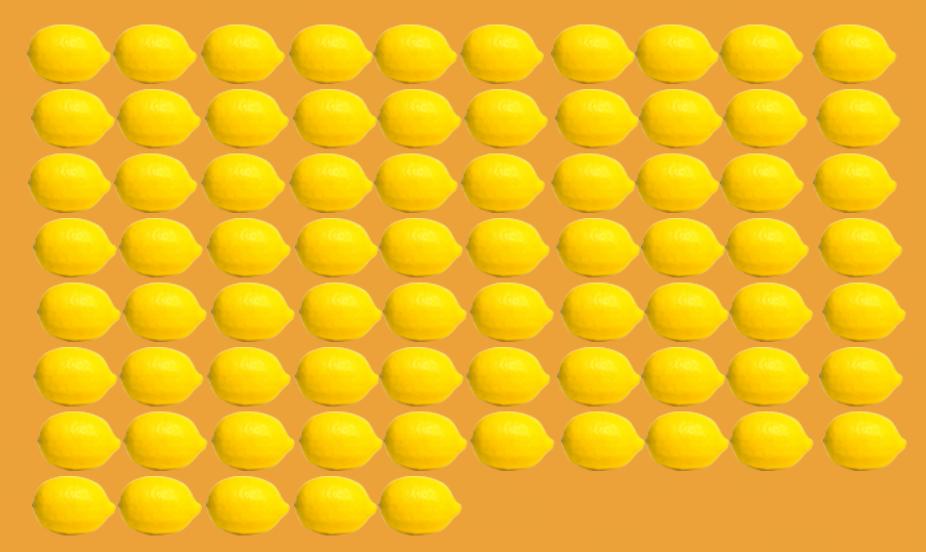


#### Finding Pure, Medicinal Quality Essential Oils



# 75 lemons to make 15ml bottle of therapeutic essential oil.







#### Some ways of using essential oils include

- 1. Topical application
- 2. Dietary supplements
- 3. Aroma therapy

In a Raindrop **Technique** 

Mix with carrier oils

IN-HALE!

Mix in juices

Diffuse

Rub down the spines

do we use Essential Oils?

RUB under FEET

In a suppository

Drop under the tongue

**PUT** in a capsule

Put on the roof of the mouth

In a

glass of

water

USE ON HAIR, SKIN, NAILS & TEETH

Young Living Essential Oils

### I would like to show you these today



# Ningxia Re



### **Thieves**

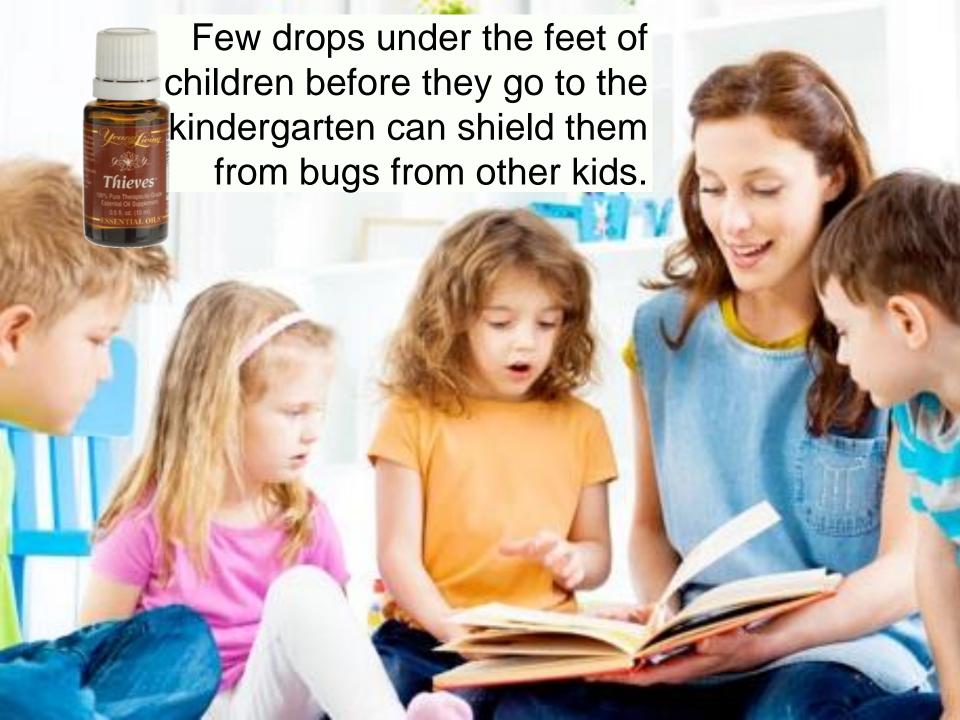
"Legendary oil"



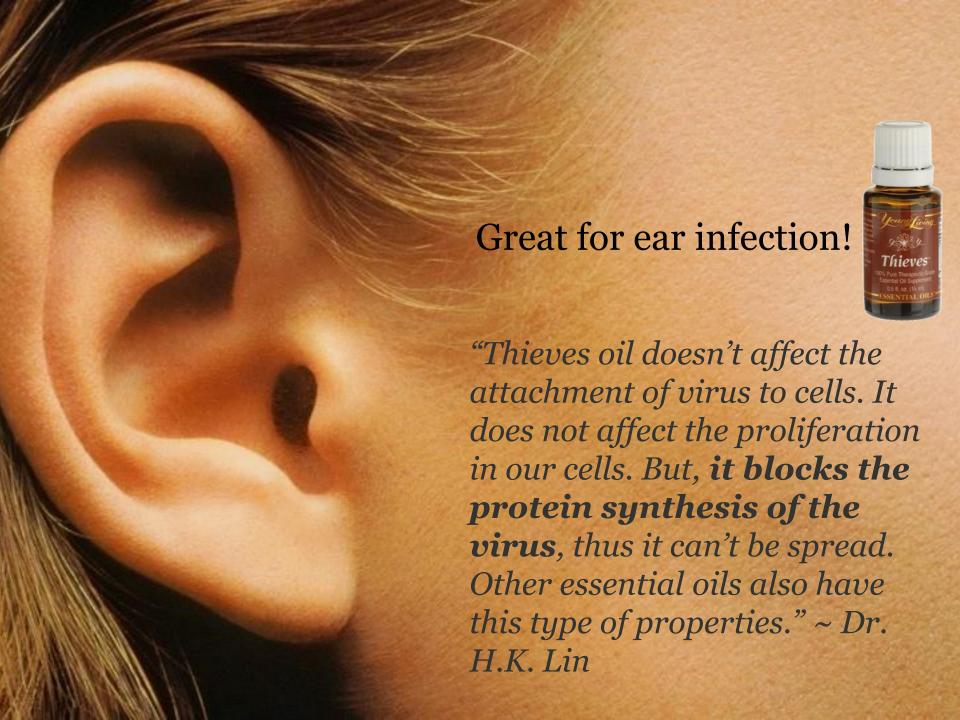


1 Drop under the tongue or in a glass of water at the onset of a sore throat.









### Do you think Essential Oils are a Hoax? Think again!



This is a streak plate of staph and Young Living essential oils as a lab experiment on 10/9/13. The triangular papers were soaked in the following solutions...A - regular hand sanitizer B - Thieves essential oil C - Lavender essential oil D - Peppermint essential oil. One WEEK later, this was the result. As you can see, there is staph {the white dots surrounding the triangular paper} in the hand sanitizer quadrant, NONE in the Thieves quadrant and inhibited growth in the other quadrants. It is amazing that even Lavender and Peppermint did a better job keeping staph at bay than the hand sanitizer.\*tested by: Rebecca Luttrell





Let Thieves steal away germs and viruses!

# Copaiba

### Natural Aspirin Oil



#### **Alternative to Ibuprofen**













## Frankincense

"Holy anointing oil"







Frankincense has very light molecular weight that penetrates quickly into painful joints, may help rheumatoid arthritis.





### OILS USED: Helichrysum, Lavender, Frankincense, Sandalwood



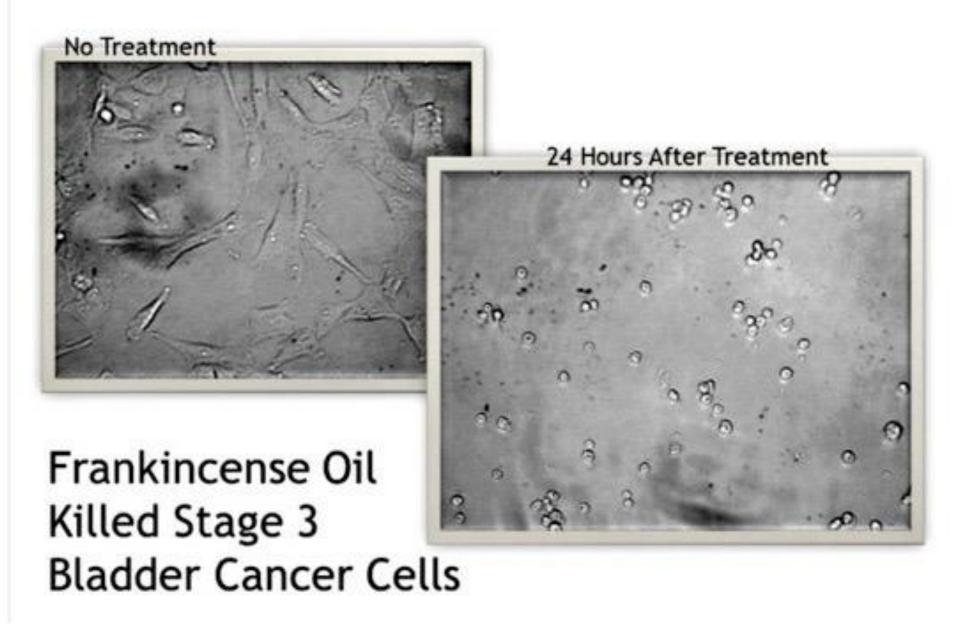


Dr. Axe

"New research is proving that frankincense essential oil is more effective than chemotherapy at killing cancer."

"Potential treatment for brain, breast, colon, pancreatic, prostate, and stomach cancers"

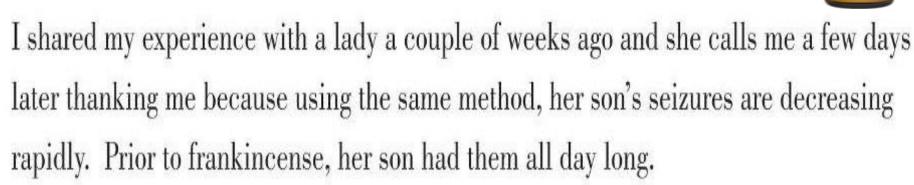




I used 5 drops a day of Frankincense on the crown of my son's head to get him off seizure medication when he was 4. He is now 9 and I still rub the Frankincense.

Just a drop a day now.

#### No seizures at all.



Shared by Jeanna Lester \$

<sup>\*</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

### Lemon

### "Super cleanser oil"



### **Properties of Lemon Essential Oil**

- Destroys Petrochemicals in the System
- Urinary Tract Infections
- •Gum/Grease Remover
- Intestinal Parasites
- Bronchitis coughs
- Water Purification
- Air Disinfectant
- Hypertension
- Circulatory
- Digestion
- Eczema
- Obesity
- ·Cold











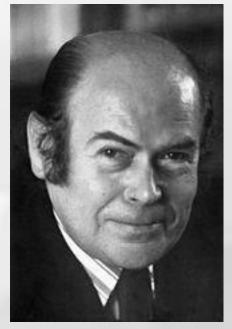


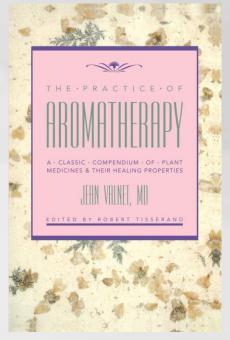






"Research by Jean Valnet, MD showed that vaporized lemon oil can kill meningococcusbacteria in 15 minutes, typhoid bacilli in one hour, Staphylicoccus aureus in two hours, and Pneumococcus bacteria within three hours. Even a 0.2% solution of lemon oil can kill diptheria bacteria in 20 minutes and inactive tuberculosis bacteria."





Essential Oils desk reference fifth edition

#### D-limonene in Essential Oils

D-Limonene: Safety and Clinical Applications, by Jidong Sun, PhD Summarized by Adolfo "Dolf" Cheng

1. DISSOLVE GALLSTONES

3. NORMAL PERISTALSIS (relieve constipation)

2. RELIEVE HEARTBURN

4. ANTI-CANCER ACTIVITY



Young Living "Citrus" Essential Oils are high in d-limonene

Grapefruit	95%
Tangerine	94%
Orange	91%
Mandarin	72%
Lemon	65%
Elemi -	50%

Canarium luzonicum, commonly known as elemi, is a tree native to the **Philippines**;

oleoresin is harvested from it.

Lime 49% Ledum 23% A study with 200 patients reported a direct infusion of 20-30 mL d-limonene (97% solution) completely or partially dissolved gallstones in 141 patients. Stones completely dissolved in 96 cases (48%); partial dissolution was observed in 29 cases (14.5%); and in 16 cases (8%) complete dissolution was achieved with HMP, a chelating agent that can dissolve bilirubin calcium stones.

Because of its gastric acid neutralizing effect and its support of normal peristalsis, d-limonene has also been used for relief of heartburn and gastroesophageal reflux disorder (GERD). In vitro study suggests it may neutralize the effect of gastric acid by coating the stomach wall and protecting the mucosal lining from gastric acid exposure.

D-limonene induces phase I and phase II carcinogen-metabolizing enzymes (cytochrome p450), which metabolize carcinogens to less toxic forms and prevent the interaction of chemical carcinogens with DNA. D-limonene has been shown to enhance gastro-intestinal UDP-glucuronosyltransferase (UGT) activity in rats. It also inhibits tumor cell proliferation, acceleration of the rate of tumor cell death and/or induction of tumor cell differentiation.

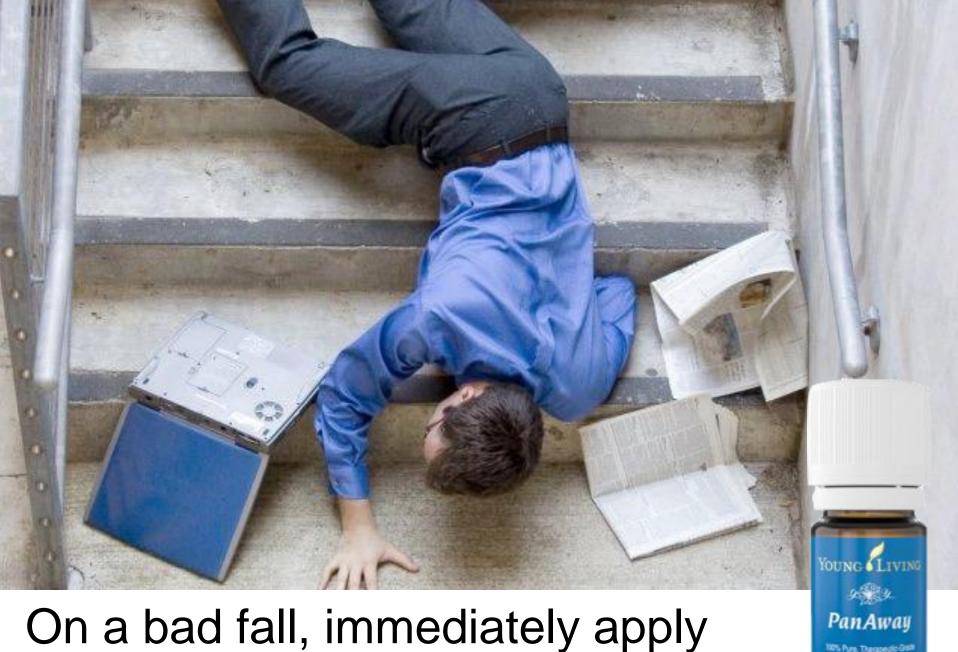
## Pan Away

"Pain away oil"









On a bad fall, immediately apply lavender for swelling then PanAway.







### **DiGize**

### "Tummy Oil"





















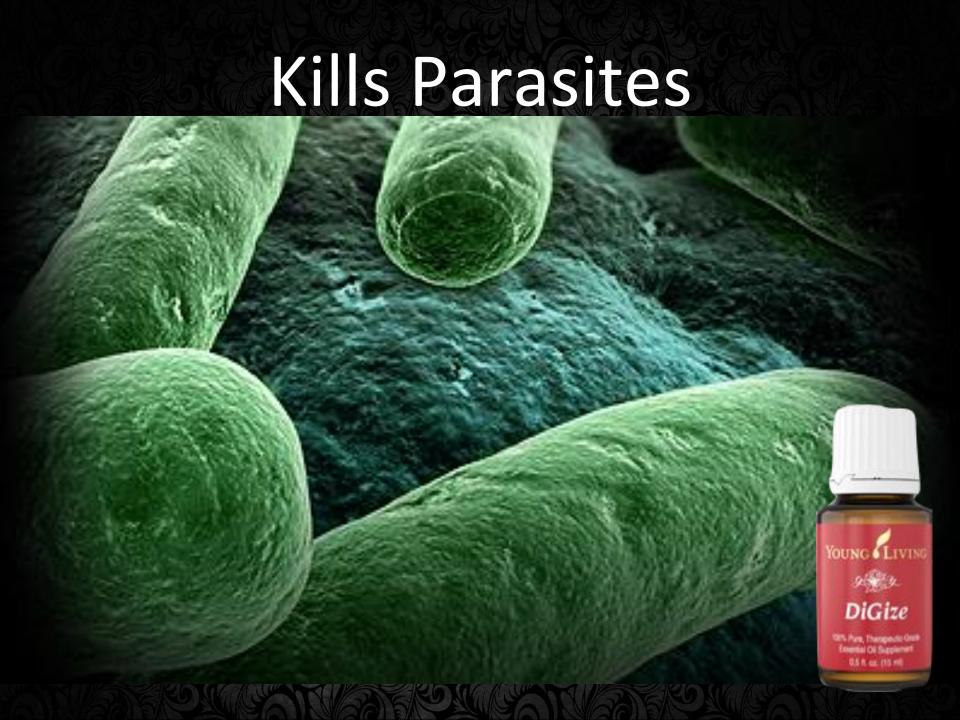


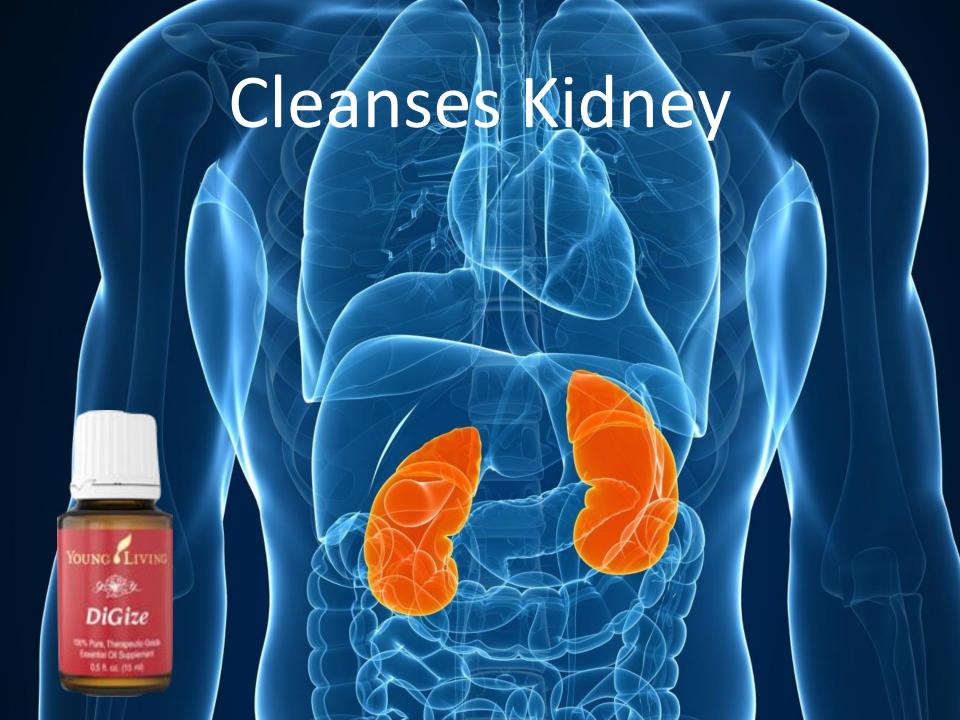




## Fights Candida



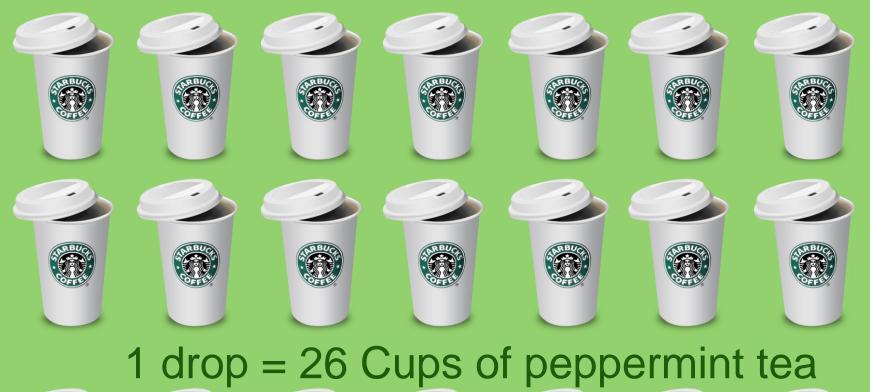


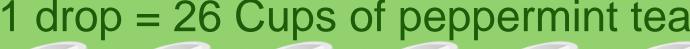


## Peppermint

#### "Refreshing oil"

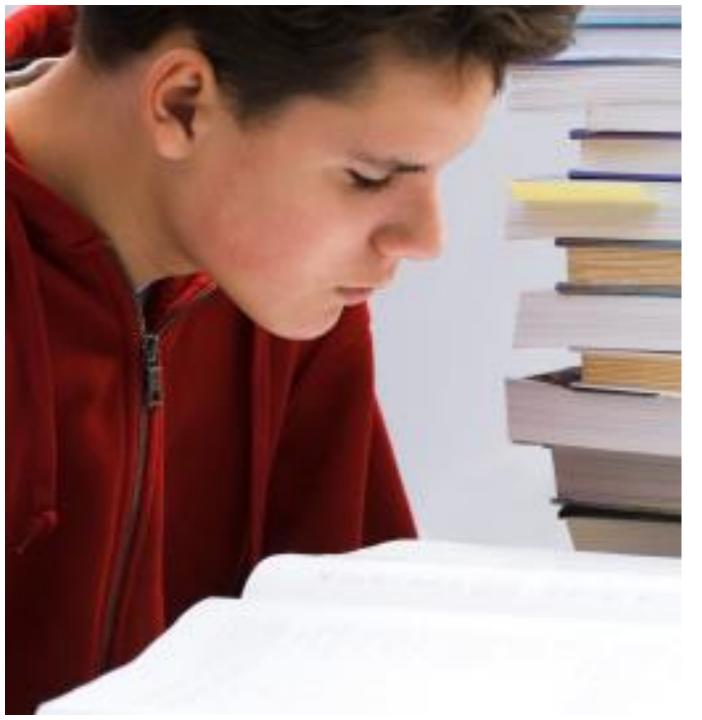












Diffuse peppermint when studying to improve concentration. Refreshing!







Rub under the feet or all over the body to bring down fever. Fast Relieving!!





Inhale when feeling nauseated or dizzy. Good for air and sea sickness too!!







### Lavender

"The first aid oil"







1 drop of lavender oil on pillow helps with sleep







Place a drop or two inside your mouth

And inhale the oil

3Times a day or as needed.



## Purification

#### "Soothing oil"



# Purification

Everyday Uses

Mold and Mildew

**Anti-Fungal** 

Air Freshener

**Canker Sores** 

Yeast Infection

Ear Aches

Anti-Bacterial



Eye Infections











## R. C.

#### Breath Better Oil

































## Relieves Allergies

#### **Everyday Essential Oil**

6:00 AM





4:00 PM





8:00 AM



9:00 PM



10:00 AM





10:00 PM













## Aroma Mix Scent

#### Immune Support



or



Purify and Cleanse



+



Respiratory Comfort



Or





#### Uplift and Refresh



Blues Buster



Relax and Sleep



"Light was given that there is health in the fragrance of the pine, the cedar, and the fir. And there are several other kinds of trees that have medicinal properties that are health promoting."

Letter 95, 1902







### some of the 55+ US Hospitals using Young Living essential oils

Alegent Health Bergan Mercy Medical Center, Omaha, NE Oklahoma Medical Center, Oklahoma City, OK

Aurora Healthcare System, Foxpoint, WI

Banner Health, Mesa, AZ

Benedictine Hospital, NY

Beth Israel Complementary Care Center, New York

Children's Healthcare, Roseville, MN

Children's National Medical Center, Washington, DC

The Cleveland Clinic, Cleveland, OH

Columbia Presbyterian Medical Center, NY NY

Englewood Hospital and Medical Center, Englewood, NI

Elk Regional Health Hospital, PA

Fairbanks Memorial Hospital, AK

Florida Hospital Medical Center, Orlando, FL

Goshen General Hospital, Chardon, OH

Hackensack Medical Center (pediatrics), NI

Harris Methodist Hospital, Ft. Worth, TX

Ingham Regional Medical Center, Lansing, MI

Kingston Hospital, Kingston, NY

Manilag Hospital, Kotzebue, AK

Memorial Sloan-Kettering Cancer Center, NY, NY

Mercy Holistic Health, Cincinnati, OH

Pinnacle Health, Harrisburg, PA

St. Barnabas Healthcare System, Toms River, NJ

St. Charles Healthcare Bend, OR

St. Charles Healthcare Redmond, OR

St. Croix Valley Memorial, WI

St. Francis Hospital and Medical Center, Hartford, CT

St. John's Riverside Medical Center, Yonkers, NY

St. Luke's Medical Center, New Bedford, MA

Sentara Healthcare, Wilmington, DE

The Valley Hospital, Ridgewood, NI

UCLA Medical Center Los Angeles, California

University of Michigan Hospital, MI

Wishard Memorial Hospital, Indianapolis, IN

## Premium Starter Kit





































# Ningxia Red



Vingxia Providence is known as a blue-zone area, people there iving more than 100 years old still working and healthy. Beijing Shanghai Hong Kong

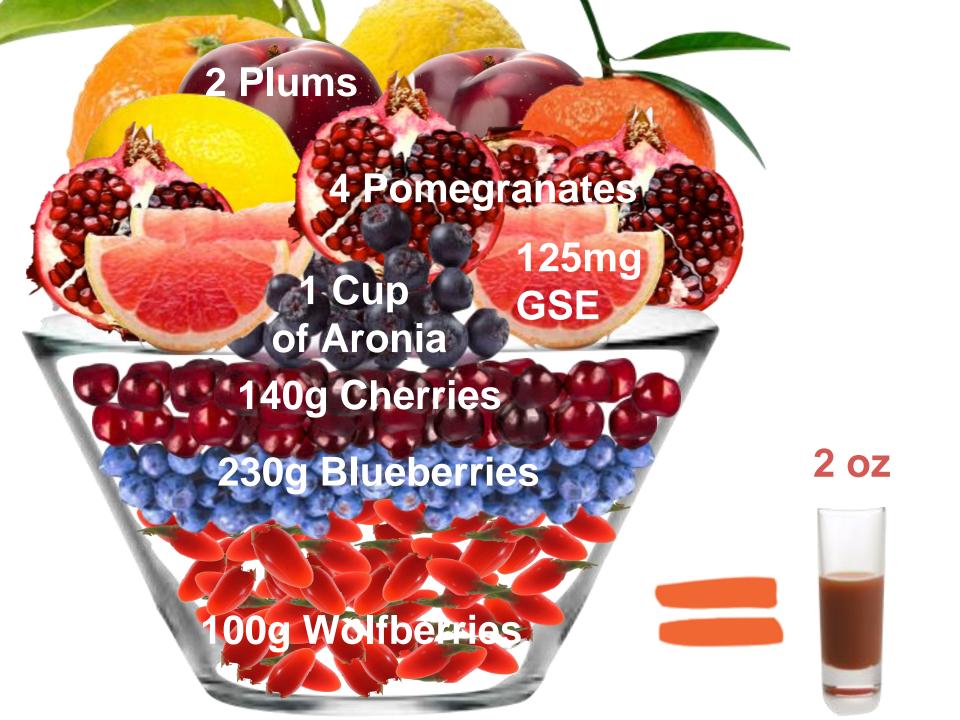




#### **Best Drink For Your Family**

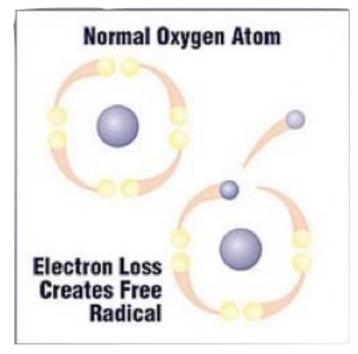
all natural juice, nothing artificial, no chemicals, everything from nature

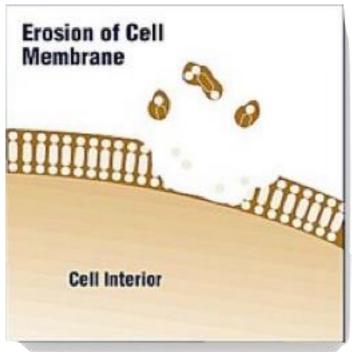
- -Very strong antioxidant
- -Rich in vitamins A, B1, B2, B6, C, E
- -High protein levels (19 amino acids)
- -67 times more beta-cryptoxanthin than oranges
- -High levels of immune-stimulant polysaccharides
- -3 times more Vit C than oranges
- -5 times the potassium of bananas
- -High in liver-protecting compounds (cerebrosides)
- -23% more protein then raw eggs
- -91% more fibers than raw oats
- -10% more magnesium than raw strawberries

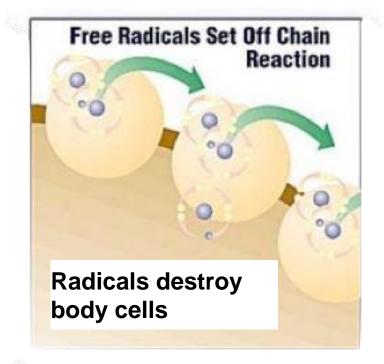


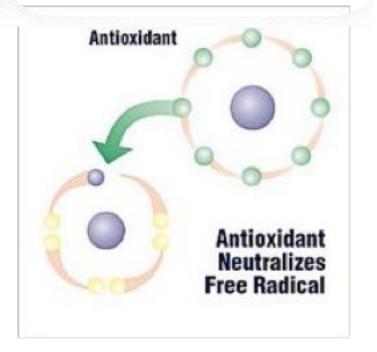
# 40% to 47% increase absorption due to cold pressed essential oils.











35000 30000 Comparing Antioxidants 25000 µTE/100 gram. Data from Brunswick Laboratories, Waltham, MA 20000 15000 10000 5000





Phone: 508.285.2006 Fax: 508.285.8002

#### Report for Young Living

Sample ID	Brunswick Lab ID	SOD* (kunitSODeq/L)
Ningxia Red	07-1750	6,280
Xocai	07-1751	444
Ageless Xtra	07-1752	2,833
Xango	07-1753	309
Tahitian Noni	07-1754	36
G3	07-1755	1,459
Himalayan Goji	07-1756	2,316
Frequent Sea	07-1757	41
Via Viente	07-1758	65
Vibe	07-1759	2,951
Goyin	07-1760	264
Sibu - Balance	07-1761	34
Mona Vie	07-1970	1,113

<sup>\*</sup>Superoxide Dismutase (SOD) is used as the calibration standard and the SOD result is expressed as kilo unit SOD equivalent (kunitSODeq) per liter.

Testing performed by J. Frietas.

Approved by: Boxin Ou. PhD.

B-6055 / 6-5-07 Irh revised 6-12-07 ml Samples will be discarded one month from report date, unless otherwise notified by customer in writing.

#### Ningxia Red Support All our 9 Body Systems

